



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <https://www.osaa.org>



Office Hours: Monday – Friday 7:30am – 4pm; Summer Hours: Monday – Thursday 7am – 4:30pm, Closed Friday

STAFF

Peter Weber, Executive Director email: peterw@osaa.org	x231	Gibby Reynolds, IT Systems Administrator email: gibbyr@osaa.org	x228
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Nate Lowery, Dir. of Media Communications email: natel@osaa.org	x232	Jaden Bellman, OSAA Sports Properties Email: jaden@osaasp.com	x226

OSAA STAFF AREAS OF RESPONSIBILITY

Activities Calendar	Kyle	Marketing	Chris / Kyle
Adding a Sport / Activity	Kelly / Melissa	Media	Nate
Awards Programs	Randi / Melissa	Meeting Arrangements	Heidi
Band / Orchestra	Lauren	Merchandise Sales	Jack / Jaden
Baseball	Kris	Officials / Registration	Kris / Heidi
Basketball	Missy	Handbooks / Plan Books	Executive Staff
Accounts Payable / Receivable / Insurance	Candy	Programs, Publicity, News Releases	Nate
Budget and Finance	Peter / Candy / Kyle	Rules Book Orders	Randi
Championship Information	Kathi	Sanctioning	Kelly
Cheerleading	Lauren	School Reimbursement	Candy / Kyle
Choir	Kelly	Soccer	Lauren
Classification of Schools / ADM	Kyle	Softball	Missy
Cooperative / Collective Sponsorships	Kelly / Melissa	Solo Music	Kris
Corporate Sponsorships	Jack / Jaden	Special Districts	Missy
Cross Country	Kelly	Speech and Debate	Peter
Dance and Drill	Lauren	Sportsmanship	Kelly
Disputes / Protests Involving Schools	Peter	Student Advisory Council/Student Leadership	Missy
District Meet Information	Kathi	State Legislature	Peter
Diversity, Equity, and Inclusion	Kelly	Swimming	Kris
Eligibility Questions	Executive Staff	Tennis	Lauren
Emerging Activities	Kyle / Assistant Directors	Ticketing	Kathi / Kyle
Endowment Games / OSAA Foundation	Kyle	Title IX	Lauren
Executive Board / Delegate Assembly	Peter / Kyle	Track and Field	Kelly
Football	Kris	Trophies and Medals	Randi / Melissa
Golf	Missy	Violations	Kyle
Hardships	Peter	Volleyball	Missy
Interpretation of Rules	Executive Staff	Website	Chris / Gibby
Legal Questions	Peter	Wrestling	Kelly



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2025-26 EXECUTIVE BOARD

Representative	Name	Position	School / District	Term
6A Classification	Gustavo Balderas	Superintendent	Beaverton SD	2026
5A Classification	Jennifer Kubista*	Superintendent	Central SD	2028
4A Classification	George Mendoza	Superintendent	La Grande SD	2026
3A Classification	Curtiss Scholl	Superintendent	Sisters SD	2028
2A Classification	Matt Combe	Superintendent	Morrow Co. SD	2027
1A Classification	Matt Shorb	Superintendent	Eddyville Charter	2027
6A/5A At-Large	Larry Ramirez	Dir. of High School Ed.	Salem-Keizer SD	2027
4A/3A At-Large	Jamie Ongman**	Dir. of Human Resources	Klamath County SD	2026
2A/1A At-Large	Misty Wharton	Superintendent	Nestucca Valley SD	2028
Activities	David Nieslanik	Executive Dir. of Schools	Hillsboro SD	2027
Diversity, Equity & Inclusion	Marshall Haskins	Sr. Director of Athletics	Portland Public Schools	2028
OACA	Bill Masei	Coach	Dallas HS	2026
OADA	Anna Maria Lopez	Athletic Director	St. Mary's Academy	2026
OAOA	Debi Hanson	Associate Executive Director	OAOA	2028
OSBA	Chrissy Reitz	School Board	Hood River County SD	2026

*Executive Board President

**Executive Board Vice President

OREGON SCHOOL ACTIVITIES ASSOCIATION
2025-26 Delegate Assembly

2.2

DISTRICT	TERM EXP		NAME	POSITION	SCHOOL / DISTRICT
6A-1 Portland Interscholastic League	2026	*	KD Parman	Principal	Roosevelt HS
6A-2 Metro League	2026	EB	Gustavo Balderas	Superintendent	Beaverton SD
6A-3 Pacific Conference	2027	*	Brian Burke	Assistant Principal	Forest Grove HS
6A-4 Mt. Hood Conference	2026	*	Jason Bhear	Principal	Sam Barlow HS
6A-5 Three Rivers League	2027	*	Chris Coleman	Assistant Principal	Lake Oswego HS
6A-6 Central Valley Conference	2027	EB	Larry Ramirez	Dir. Of Secondary Ed	Salem Keizer SD
6A-7 Southwest Conference	2027	*	Bill Wagner	Athletic Director	Willamette HS
5A-1 Northwest Oregon Conference	2026	*	Daunte Gouge	Assistant Principal	Centennial HS
5A-2 Midwestern League	2025	*	Erik Hoberg	Athletic Director	Churchill HS
5A-3 Mid-Willamette Conference	2025	EB	Jennifer Kubista	Superintendent	Central SD
5A-4 Intermountain Conference	2025	*	Tony Pupo	Asst. Superintendent	Redmond SD
4A-1 Cowapa League	2025	*	Jeff Roberts	Principal	Seaside HS
4A-2 Tri-Valley Conference	2027	*	Jay Mathisen	Superintendent	Jefferson Co SD
4A-3 Oregon West Conference	2026	*	Pete Rasmussen	Principal	Cascade HS
4A-4 Sky-Em League	2025	*	Eli Ashton	Principal	Marshfield HS
4A-5 Skyline Conference	2027	*	Ian O'Brien	Assistant Principal	Mazama HS
4A-6 Greater Oregon League	2025	EB	George Mendoza	Superintendent	La Grande SD
3A-1 Lewis & Clark League	2027	*	Sara Bruins	Principal	Valley Catholic HS
3A-2 Coastal Range League	2027	*	Derek Duman	Athletic Director	Riverdale HS
3A-3 PacWest Conference	2026	*	Kyle Braa	Principal	Scio HS
3A-4 Mountain Valley Conference	2026	EB	Curtiss Scholl	Superintendent	Sisters SD
3A-5 Far West League	2026	**	Craig Anderson	Principal	Douglas HS
3A-6 Eastern Oregon League	2026	*	John Christy	Principal	Riverside HS
3A-7 Southern Oregon Conference	2027	*	Toby Walker	Principal	Cascade Christian HS
2A-1 Northwest League	2025	EB	Misty Wharton	Superintendent	Nestucca Valley SD
2A-2 Tri-River Conference	2025	*	Dave Kline	Superintendent	Colton SD
2A-3 Valley Coast Conference	2027	**	Bill Crowson	District Athletic Director	Monroe SD
2A-4 Blue Mountain Conference	2027	EB	Matt Combe	Superintendent	Morrow County SD
2A-5 Sunset Conference	2027	*	Erica Butler	Athletic Director	Illinois Valley HS
2A-6 East Cascades Conference					
1A-1 The Valley 10 League	2025	*	Dean Davis	Principal	Damascus Christian School
1A-2 Casco League					
1A-3 Mountain West League	2027	*	Sue Wilson	Superintendent	Mapleton SD
1A-4 Skyline League	2026	**	James Ellis	Principal	Days Creek Charter School
1A-5 Mountain Valley League	2027	*	Cameron Mitchem	Principal	North Lake HS
1A-6 Big Sky League	2027	*	Doug Dearden	Athletic Director	Trout Lake SD
1A-7 Old Oregon League	2027	**	Lance Dixon	Superintendent	North Powder SD
1A-8 High Desert League	2026	*	Nick Ketterling	Superintendent	Adrian SD
Oregon School Boards Association	2026	EB	Chrissy Reitz	School Board	Hood River County SD
Oregon Athletic Directors Association	2026	EB	Anna Maria Lopez	Athletic Director	St. Mary's Academy
OSAA Activities Advisory Committee	2027	EB	David Nieslanik	Executive Dir. of Schools	Hillsboro SD
OSAA Diversity and Equity Advisory	2025	EB	Marshall Haskins	Sr. Director of Athletics	Portland Interscholastic
Oregon Athletic Coaches Association	2026	EB	Bill Masei	Coach	Dallas HS
Oregon Athletic Officials Association	2025	EB	Debi Hanson	Associate Director	OAOA

* 1st Term ** 2nd Term
 (EB) OSAA Executive Board Member





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EXECUTIVE BOARD & DELEGATE ASSEMBLY CALENDAR OF MEETINGS

2025

DATE	DAYS	MEETING	TIME / LOCATION
July 21-23	Monday-Wednesday	Executive Board Summer Workshop	Eagle Crest Resort, Redmond
***September 8	Monday	Executive Board	9am @ OSAA Office, Wilsonville
**October 6	Monday	Delegate Assembly	9am @ Holiday Inn, Wilsonville
***December 15	Monday	Executive Board Delegate Assembly	9am @ Holiday Inn, Wilsonville 1pm @ Holiday Inn, Wilsonville

2026

DATE	DAYS	MEETING	LOCATION
*February 2	Monday	Executive Board	11am @ OSAA Office, Wilsonville
**April 6	Monday	Delegate Assembly	9am @ Holiday Inn, Wilsonville
*May 11	Monday	Executive Board	11am @ OSAA Office, Wilsonville
July 20-22	Monday-Wednesday	Executive Board Summer Workshop	Eagle Crest Resort, Redmond

* Preceded by Executive Board Work Session at the OSAA office, prior to regular meeting on Monday.

** Preceded by Executive Board Work Session, on Monday at 7am, at the Holiday Inn, Wilsonville prior to regular meeting on Monday.

*** Preceded by Sunday Executive Board Work Session at the OSAA office, prior to regular meeting on Monday.

2025-26 Regular District Committees			
DRAFT - Contact Kyle Stanfield (kyles@osaa.org) to update			
District Committees rule on all eligibility hardship requests involving transfers for Regular Districts and for Special Districts in which the requesting student attends a school in that Regular District. The DCs also resolve any disputes involving Regular District representation in state playoffs.			
DISTRICT	CHAIR (School, Name, Position)	MEMBER (School, Name, Position)	MEMBER (School, Name, Position)
6A-1 PIL	BENSON- Curtis Wilson, Principal	LINCOLN- Peyton Chapman, Principal	
6A-2 Metro	BEAVERTON- Andrew Kearl, Principal	JESUIT- Khalid Maxie, Principal	
6A-3 Pacific	CENTURY- Julie Kasper, Principal	FOREST GROVE- Karen O'Neill, Principal	
6A-4 Mt. Hood	DAVID DOUGLAS- Jennifer Buscher, Principal	CLACKAMAS- Alyssa Engle, Principal	
6A-5 Three Rivers	ST. MARY'S ACADEMY - Liane Rae, Principal	TIGARD - Melissa Baran, Principal	
6A-6 Central Valley	WEST SALEM- Wendy Stradley, AD	McNARY- Brad Lomax, AD	
6A-7 Southwest Oregon	ROSEBURG- Adam Blue, AD	SHELDON- Chris Mitchell, AD	
5A-1 Northwest Oregon	CANBY- Jeremy Ensrud, AD	WILSONVILLE- Josh Davis, AD	
5A-2 Midwestern	NORTH EUGENE- Peter Bascotti, AD	SPRINGFIELD- Audrea Shelley, AD	
5A-3 Mid-Willamette	CENTRAL- Brett Baldwin, AD	CORVALLIS- Salvador Munoz, AD	
5A-4 Intermountain	REDMOND- Kacey McNulty, AD	RIDGEVIEW- Randi Viggiano, AD	
4A-1 Cowapa	TILLAMOOK- Kye Johnson, AD	ST. HELENS- Ted Hirning, AD	
4A-2 Tri-Valley	GLADSTONE- Cody Aker, AD	CROOK COUNTY- Rob Bonner, AD	
4A-3 Oregon West	STAYTON- Darren Shyrock, AD	CASCADE- James Rise, AD	
4A-4 Sky-Em	MARSHFIELD- Casey McCord, AD	NORTH BEND- Mike Forrester, AD	
4A-5 Skyline	MAZAMA- Ian O'Brien, AD	KLAMATH UNION- Tyler Baker, AD	
4A-6 Greater Oregon	ONTARIO- Josh Mink, AD	PENDLETON- Mike Somnis, AD	
3A-1 Lewis & Clark	VALLEY CATHOLIC- KT Emerson, AD	WESTSIDE CHRISTIAN- Caleb Turner, AD	CATLIN GABEL- Kate Williams, AD
3A-2 Coastal Range	RAINIER- Greg Miller, AD	RIVERDALE- Derek Duman, AD	
3A-3 PacWest	DAYTON- Frank Baumholtz, AD	JEFFERSON- Doug Naugle, AD	
3A-4 Mountain Valley	LA PINE- Aaron Flack, AD	CRESWELL- Brandon Standridge, AD	
3A-5 Far West	SOUTH UMPQUA- Eric Savage, AD	SUTHERLIN- Josh Grotting, AD	
3A-6 Eastern Oregon	BURNS- Jim Wagner, AD	RIVERSIDE- David Boor, AD	
3A-7 Southern Oreogn	BROOKINGS-HARBOR- Keith Wallin, AD	NORTH VALLEY- Tim Sam, AD	
2A-1 Northwest	KNAPPA- Jenny Smith, AD	NESTUCCA- Tevin Gianella, AD	
2A-2 Tri-River	WESTERN CHRISTIAN- Gary Hull, AD	CHEMAWA- Steve Crane, AD	
2A-3 Valley Coast	CENTRAL LINN- Kellen Hobie, AD	CROSSHILL CHRISTIAN- Luke Cotter, AD	
2A-4 Blue Mountain	WESTON-McEWEN- James Hixenbaugh, AD	ENTERPRISE- Tiffanie Arellano , AD	
2A-5 Sunset			
2A-6 East Cascades	CULVER- Kyle Kuust, AD	LOST RIVER- JB Chandler, AD	
1A-1 The Valley 10	PORTLAND WALDORF- Justice Rosales, AD	OPEN DOOR CHRISTIAN- Michael Tompkins, AD	
1A-2 Casco	C.S. LEWIS ACADEMY- Steve Wallo, AD	FALLS CITY- Dennis Sickles	
1A-3 Mountain West	EDDYVILLE CHARTER- Karla Pearson, AD	MANNAHOUSE CHRISTIAN- Carl Friedel, AD	
1A-4 Skyline	POWERS- Matt Shorb, AD	RIDDLE- Jason Luft, AD	
1A-5 Mountain Valley	CHILOQUIN- Valli Lonner, AD	GILCHRIST- Don Scott, AD	
1A-6 Big Sky	SPRAY- Dennis Starr, AD	HORIZON CHRISTIAN- Joe Petshow, AD	
1A-7 Old Oregon	JOSEPH- Jason Crenshaw, AD	NIXYAAWII- Aaron Noisey, AD	
1A-8 High Desert	BURNT RIVER- Tonia Seebart, AD	CRANE- Jamie Siegner, AD	

MAJOR OSAA RULE CHANGES FOR THE 2025-26 SCHOOL YEAR

These changes either were implemented during the 2024-25 school year or are new for the 2025-26 school year.

CONSTITUTION (Articles and Rules)

- **FULL MEMBERSHIP DUES.** Third year of increases to full membership school dues, per a recommendation from the Budget Committee, \$250 each year during a three-year period that began with the 2023-24 school year. Also increases the per activity fee \$10 a year during the same three-year period. *(Article 3.3.1. (a) – Full Membership Dues and Activity Fees; December 2022 EB Meeting per Budget Committee Recommendations)*
- **ASSOCIATE MEMBERSHIP DUES.** Increases associate membership dues by 10% for each of the next three years. *(Article 3.3.1. (b) – Associate Membership Dues; May 2024 EB Meeting per Budget Committee Recommendations)*
- **CLASSIFICATION OF SCHOOLS.** Allows greater flexibility for schools to move up a classification at the midpoint of the time block. *(Article 6. – Classification of Schools; October 2024 DA Meeting)*
- **CLASSIFICATION OF SCHOOLS – PETITION TO PLAY DOWN.** Adopts recommendations from Petition to Play Down Task Force regarding schools seeking to play down a classification, including how individual programs return to their original classification if successful. *(Article 6.2.4. – Classification of Schools – Petition to Play Down; April 2025 DA Meeting)*
- **COOPERATIVE SPONSORSHIP.** Aligns the Article and the Board Policy language related to exceptions. *(Article 6.5.2. – Cooperative Sponsorship; October 2024 DA Meeting)*
- **DIVERSITY, EQUITY, AND INCLUSION ADVISORY COMMITTEE.** Modifies the term limits and composition of the committee's roster. *(Article 9.10. – Diversity, Equity, and Inclusion Advisory Committee; October 2024 DA Meeting)*
- **STUDENT ADVISORY COUNCIL.** Modifies the term limits and composition of the committee's roster. *(Article 9.11. – Student Advisory Council; October 2024 DA Meeting)*
- **ASSOCIATION YEAR – STARTING, CUTOFF AND ENDING DATES.** Extends the sub-varsity cutoff dates in team sports to align with the latest varsity cutoff date at any classification in that team sport. *(Rule 6.7. – Association Year – Starting, Cutoff and Ending Dates; October 2024 DA Meeting)*
- **ALUMNI CONTESTS.** Added a rule to codify regulations and requirements for alumni contests. *(Rule 6.11. – Alumni Contests; October 2024 DA Meeting)*
- **AWARDS.** Further delineates activities, services, or products students may promote via NIL. *(Rule 8.4. – Awards; October 2024 DA Meeting)*

BOARD POLICIES

- **ADMINISTRATOR WORKSHOP REQUIREMENT.** Requires first-year athletic directors to attend an OSAA New AD Workshop, in addition to the regular Fall Administrator Workshop. *(BP – Administrator Workshop Requirement; September 2024 EB Meeting)*
- **COLLECTIVE SPONSORSHIPS.** Refines the current policy and Executive Board's involvement within the approval process. *(BP – Collective Sponsorships; September 2024 EB Meeting)*
- **EJECTION POLICIES.** Clarifies timelines for local officials associations to notify schools of an ejection along with procedures and deadlines for schools to appeal an ejection suspension. *(BP – Ejection Policies; July 2025 EB Summer Workshop)*

- **MORATORIUM WEEK.** Clarifies language for schools requesting a date shift to their moratorium week. *(BP – Moratorium Week; September 2024 EB Meeting)*
- **SPECIAL DISTRICTS - PLACEMENT.** Codifies current practice of considering number of individual participants and full teams as part of process. *(BP – Special Districts – Placement; July 2025 EB Summer Workshop)*
- **STATE CHAMPIONSHIPS – RANKINGS.** Updates rankings freeze dates, along with deadline dates for adding a contest vs. a team more than one classification away and adding a contest after a certain date. Clarifies 6A Football home game policy. *(BP – State Championships – Rankings; July 2025 EB Summer Workshop)*
- **STATE CHAMPIONSHIPS – TEAM SIZE.** Amends team size limitations in soccer and volleyball at all classifications. *(BP – State Championships – Team Size; September 2024 EB Meeting)*

PARTICIPATION LIMITATIONS

- **GENERAL PARTICIPATION LIMITATIONS.** Clarifies how contests are counted when 1A sub-varsity teams play 1A varsity teams. *(Participation Limitations – General Participation Limitations; September 2024 EB Meeting)*
- **TENNIS.** Aligns limits with USTA rules as they apply to scheduling guidelines (matches per day & rest). *(Participation Limitations – Tennis; February 2025 EB Meeting)*
- **VOLLEYBALL.** Allows a student to participate in no more than six total sets per day at different levels. *(Participation Limitations – Volleyball; May 2025 EB Meeting)*

FORMS MODIFICATIONS

- **UPDATES.** Existing forms have been modified to make them consistent with the changes specified above. The actual forms are no longer housed in the Handbook but have direct links at: www.osaa.org/governance/forms.

CLASSIFICATION CHANGES

- **SCHOOL PLACEMENTS FOR 2025-26.** Moved Crook County up from 4A Tri-Valley Conference to 5A Intermountain Conference and Salem Academy up from 2A Tri-River Conference to 3A PacWest Conference. Dropped Sheridan from 3A PacWest Conference to 2A Tri-River Conference and Chemawa from 2A Tri-River Conference to 1A Casco League. *(December 2024 EB Meeting)*

SPORT-SPECIFIC CHANGES

- **GIRLS FLAG FOOTBALL.** Approved Girls Flag Football as an emerging activity, beginning with the Spring 2025 season. *(October 2024 DA Meeting)*
- **GOLF COACHING/ADVICE RULE.** Increase number of coaches allowed to provide advice to two per school. Also expands ability to coach during a round to everywhere except on the green. *(Golf Coaching/Advice Rule; February 2025 EB Meeting)*

STUDENT ACTIVITIES HANDBOOKS

- **UPDATES.** Activity specific changes have been made to the Band/Orchestra, Cheerleading, Choir, Dance/Drill, Solo Music, and Speech Handbooks.

MISCELLANEOUS

- **OFFICIALS FEE SCHEDULE.** Adopted new fee schedule for officials for the 2025-26, 2026-27, and 2027-28 school years. *(October 2024 DA Meeting)*
- **MILEAGE RATES.** Adopted mileage reimbursement rates for Officials/Staff (100% of the IRS rate) and meeting attendees (70% of the IRS rate). *(May 2025 EB Meeting)*
- **QUESTIONS AND ANSWERS.** Added, and updated, Questions and Answers throughout the Handbook.

Approved Minimum Satisfactory Progress (Expanded Chart)
(effective August 1, 2015)

Credits to Graduate	24.0	24.5	25.0	25.5	26.0	26.5	27.0	27.5	28.0	28.5	29.0	29.5
Required Prior to Year 2	4.5	4.5	4.5	4.5	4.5	4.5	5.0	5.0	5.0	5.0	5.0	5.5
Required Prior to Year 3	10.0	10.0	10.5	10.5	11.0	11.0	11.0	11.5	11.5	12.0	12.0	12.5
Required Prior to Year 4	17.0	17.0	17.5	18.0	18.5	18.5	19.0	19.5	19.5	20.0	20.5	21.0
Credits to Graduate	30.0	30.5	31.0	31.5	32.0	32.5	33.0	33.5	34.0	34.5	35.0	35.5
Required Prior to Year 2	5.5	5.5	5.5	5.5	6.0	6.0	6.0	6.0	6.0	6.0	6.5	6.5
Required Prior to Year 3	12.5	12.5	13.0	13.0	13.5	13.5	14.0	14.0	14.0	14.5	14.5	15.0
Required Prior to Year 4	21.0	21.5	22.0	22.0	22.5	23.0	23.5	23.5	24.0	24.5	24.5	25.0
Credits to Graduate	36.0	36.5	37.0	37.5	38.0	38.5	39.0	39.5	40.0	40.5	41.0	41.5
Required Prior to Year 2	6.5	6.5	6.5	7.0	7.0	7.0	7.0	7.0	7.5	7.5	7.5	7.5
Required Prior to Year 3	15.0	15.5	15.5	15.5	16.0	16.0	16.5	16.5	17.0	17.0	17.0	17.5
Required Prior to Year 4	25.5	26.0	26.0	26.5	27.0	27.0	27.5	28.0	28.5	28.5	29.0	29.5
Credits to Graduate	42.0	42.5	43.0	43.5	44.0	44.5	45.0	45.5	46.0	46.5	47.0	47.5
Required Prior to Year 2	7.5	7.5	8.0	8.0	8.0	8.0	8.0	8.5	8.5	8.5	8.5	8.5
Required Prior to Year 3	17.5	18.0	18.0	18.0	18.5	18.5	19.0	19.0	19.5	19.5	19.5	20.0
Required Prior to Year 4	29.5	30.0	30.5	30.5	31.0	31.5	32.0	32.0	32.5	33.0	33.0	33.5
Credits to Graduate	48.0	48.5	49.0	49.5	50.0	50.5	51.0	51.5	52.0	52.5	53.0	53.5
Required Prior to Year 2	9.0	9.0	9.0	9.0	9.0	9.0	9.5	9.5	9.5	9.5	9.5	10.0
Required Prior to Year 3	20.0	20.5	20.5	21.0	21.0	21.0	21.5	21.5	22.0	22.0	22.5	22.5
Required Prior to Year 4	34.0	34.5	34.5	35.0	35.5	35.5	36.0	36.5	37.0	37.0	37.5	38.0
Credits to Graduate	54.0	54.5	55.0	55.5	56.0	56.5	57.0	57.5	58.0	58.5	59.0	59.5
Required Prior to Year 2	10.0	10.0	10.0	10.0	10.5	10.5	10.5	10.5	10.5	10.5	11.0	11.0
Required Prior to Year 3	22.5	23.0	23.0	23.5	23.5	24.0	24.0	24.0	24.5	24.5	25.0	25.0
Required Prior to Year 4	38.0	38.5	39.0	39.5	39.5	40.0	40.5	40.5	41.0	41.5	42.0	42.0
Credits to Graduate	60.0	60.5	61.0	61.5	62.0	62.5	63.0	63.5	64.0	64.5	65.0	65.5
Required Prior to Year 2	11.0	11.0	11.0	11.5	11.5	11.5	11.5	11.5	12.0	12.0	12.0	12.0
Required Prior to Year 3	25.5	25.5	25.5	26.0	26.0	26.5	26.5	26.5	27.0	27.0	27.5	27.5
Required Prior to Year 4	42.5	43.0	43.0	43.5	44.0	44.5	44.5	45.0	45.5	45.5	46.0	46.5
Credits to Graduate	66.0	66.5	67.0	67.5	68.0	68.5	69.0	69.5	70.0	70.5	71.0	71.5
Required Prior to Year 2	12.0	12.0	12.5	12.5	12.5	12.5	12.5	13.0	13.0	13.0	13.0	13.0
Required Prior to Year 3	28.0	28.0	28.0	28.5	28.5	29.0	29.0	29.5	29.5	29.5	30.0	30.0
Required Prior to Year 4	47.0	47.0	47.5	48.0	48.0	48.5	49.0	49.5	49.5	50.0	50.5	50.5
Credits to Graduate	72.0	72.5	73.0	73.5	74.0	74.5	75.0	75.5	76.0	76.5	77.0	77.5
Required Prior to Year 2	13.5	13.5	13.5	13.5	13.5	13.5	14.0	14.0	14.0	14.0	14.0	14.5
Required Prior to Year 3	30.5	30.5	31.0	31.0	31.0	31.5	31.5	32.0	32.0	32.5	32.5	32.5
Required Prior to Year 4	51.0	51.5	52.0	52.0	52.5	53.0	53.0	53.5	54.0	54.5	54.5	55.0
Credits to Graduate	78.0	78.5	79.0	79.5	80.0	80.5	81.0	81.5	82.0	82.5	83.0	83.5
Required Prior to Year 2	14.5	14.5	14.5	14.5	15.0	15.0	15.0	15.0	15.0	15.0	15.5	15.5
Required Prior to Year 3	33.0	33.0	33.5	33.5	34.0	34.0	34.0	34.5	34.5	35.0	35.0	35.0
Required Prior to Year 4	55.5	55.5	56.0	56.5	57.0	57.0	57.5	58.0	58.0	58.5	59.0	59.0



Oregon School Activities Association
25200 SW Parkway Avenue, Suite 1, Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>

School maintains form.

Page 1 of 2

School Representation Eligibility Certificate

NOTE: This form must be completed and a copy maintained at the school for inspection at the request of the OSAA prior to participation by a student who does not attend the school he or she wished to represent.

Name of Student _____ Birth Date _____
Month / Day / Year

Activity or sport student wishes to participate in _____

Name of school student wishes to represent _____ City _____

Name of school student attends _____ City _____

Check type of school the student attends:

☐ Full Member Private/Magnet School ☐ [Associate Member School](#) ☐ Home School ☐ HS Equivalency Program

Name of parents and address of Joint Residence _____

ACADEMIC HISTORY

Date of first enrollment in high school or 9th grade registration in home school _____

If home school student, date and score of last test _____

Date(s) of enrollment and name(s) of any other high school(s) attended:

Freshman Year _____

Sophomore Year _____

Junior Year _____

Senior Year _____

Does the student satisfy the OSAA academic eligibility requirements ([Rule 8.1.](#)) by:

Being enrolled full time during the last grading period? ☐ YES ☐ NO (Check One)

Attending regularly during the last grading period? ☐ YES ☐ NO (Check One)

Making "Satisfactory Progress Toward Graduation" as defined by OSAA? ☐ YES ☐ NO (Check One)

CERTIFICATION BY SUPERINTENDENT OR PRINCIPAL

I certify that I have investigated the data herein contained and, to the best of my knowledge and belief, this student is eligible under OSAA rules.

Attending School Signature _____
Superintendent or Principal Date

Participating School Signature _____
Superintendent or Principal Date

CERTIFICATION BY PARENT

Under penalty of perjury, I affirm that no coach, parent, administrator, teacher or other representative of the school at which the student plans to participate under this rule initiated contact or offered any inducements for the purpose of having the student participate.

Signature _____
Parent Date

School Representation Eligibility Checklist For a Student Who Does Not Attend the School He or She Wishes to Represent

INTRODUCTION: Under certain restricted circumstances, OSAA rules allow students who are not attending a member school to represent that school in competition. The eligibility rules governing that participation vary somewhat depending upon the school the student is attending. This list of questions is intended to serve as a checklist of questions to assist administrators in determining whether a student who does not attend a school is eligible to represent that school in competition.

ALL PARENTS SHALL BE ASKED ABOUT AFFILIATION. In general, a student is ineligible for one calendar year if within the past calendar year the student participated on a non-school team affiliated with the school to which the student is transferring or may represent under **Rule 8.5. School Representation** or **Article 6.5. Cooperative Sponsorship** or if the student received athletic instruction from a person affiliated with the school.

- ❖ If the answer to any of these questions is “YES,” the student may be ineligible, and you should not allow the student to represent the school in competition until eligibility has been thoroughly investigated and confirmed.
 1. Did your student participate on a non-school team coached by a member of our school’s coaching staff?
 2. Did your student participate on a non-school team on which a majority of the members of the team were students who attend our school?
 3. Did your student receive athletic instruction from a person affiliated with our school?

If the answer to any of the questions **below** is “NO,” the student may be ineligible, and you should not allow the student to represent the school in competition until eligibility has been thoroughly investigated and confirmed.

FULL MEMBER PRIVATE/MAGNET SCHOOL. Questions public school personnel should ask of a full member private/magnet school student who wishes to represent their resident public school in competition.

1. Is the private/magnet school you are attending a full member of the OSAA?
2. Is the Joint Residence of you and your parents located within the attendance boundaries of our high school?
3. Is the activity in which you wish to participate unavailable at the private/magnet school you are attending?
4. Have both the principal at your private/magnet school and the principal at our high school agreed to allow you to represent our school in competition?
5. Have you been attending your current school for at least one calendar year?

ASSOCIATE MEMBER SCHOOL. Questions public school personnel should ask of an associate member school student who wishes to represent their resident public school in competition.

1. Is the school you are attending an Associate Member of the OSAA? <https://www.osaa.org/schools/associate-members>
2. Is the Joint Residence of you and your parents located within the attendance boundaries of our high school?
3. Have you been attending your current school for at least one calendar year?
4. Private or Alternative Schools: Have both the principal at your school and the principal at our high school agreed to allow you to represent our school?

HOME SCHOOL. Questions school personnel should ask of a home school student who wishes to represent their resident public school in competition or wishes to represent a private school located within the resident public school attendance boundaries.

1. Is the Joint Residence of you and your parents located within the attendance boundaries of our public high school, or within the attendance boundaries of the public high school in whose attendance boundaries our private high school is located?
2. Were you registered as a home-schooled student with our local educational service district (ESD) prior to the first day of the school year?
3. If you transferred from a public or private school to a home school setting, were you academically eligible at the time of the transfer?
4. If you represented a high school in competition within the past calendar year, do you intend to represent the same school this year?
5. Did you achieve at least the minimum test score (23rd percentile) on one of the required achievement tests accepted by the Oregon Department of Education prior to August 15? Tests approved for assessment of satisfactory progress by home school students are the two most recent versions of the following tests:
 - Comprehensive Tests of Basic Skills – CTBS Terra Nova 800.538.9547.
 - Iowa Tests of Basic Skills – Riverside Publishing Co. Common Core Correlation K-12, 2008 Form C – 800. 323.9540 Test of Achievement and Proficiency 800.323-9540
 - Stanford 9th and 10th Editions are acceptable – Psychological Corp., P.O Box 708912, San Antonio, TX 888.433.8435, Education Home School

6. Does your home school education utilize a parent and/or private instructor only (versus an online program)?

HS EQUIVALENCY PROGRAM. Questions school personnel should ask of a HS Equivalency student who wishes to represent their resident public school in competition or wishes to represent a private school located within the resident public school attendance boundaries.

1. Is the Joint Residence of you and your parents located within the attendance boundaries of our public high school, or within the attendance boundaries of the public high school in whose attendance boundaries our private high school is located?
2. Were you registered as a HS Equivalency student with our local school or local educational service district (ESD) prior to the first day of the school year?
3. If you transferred from a public or private school to a HS Equivalency program, were you academically eligible at the time of the transfer?
4. If you represented a high school in competition within the past calendar year, do you intend to represent the same school this year?
5. Have you passed at least one practice test administered through the HS Equivalency program this year?



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School maintains form.

Home School Eligibility Parent Checklist

Oregon law ([ORS 339.030](#), [ORS 339.035](#), and [ORS 339.460](#)) and OSAA regulations allow activities participation by home school students at OSAA member schools under certain circumstances. This checklist is intended to assist parents in determining whether their home schooled child is eligible under the applicable regulations to participate at an OSAA member school. **Be aware that the OSAA has eligibility rules beyond those required by the ODE.** More specific information, and answers to specific eligibility questions are also included in a pamphlet on the OSAA website, "[OSAA Home School Pamphlet](#)," or by calling the OSAA Office at 503.682.6722.

A home schooled student may be eligible to represent an OSAA member school in competition ONLY if the answer to each of the following questions is, "Yes."

Yes	No	N/A	Name of Student _____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Was your student registered as a home school student with the local education service district (ESD) prior to the first day of school at the school the student wishes to represent in competition this year?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	If your student wishes to represent a PUBLIC high school in competition, is your Joint Residence within the attendance boundaries of the public high school they wish to represent?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	If your student wishes to represent a PRIVATE high school in competition, is your Joint Residence within the attendance boundaries of the public high school in whose attendance boundaries the private high school is located?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Does your student meet all of the participation requirements of the high school they wish to represent in competition except class attendance or academic eligibility requirements?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Does your student meet the same standards of behavior and performance including related class or practice requirements that must be met by the other student participants at the high school they wish to represent in competition?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Has your student taken the achievement test required annually at the end of the school year (by August 15) of all home school students wishing to participate in activities, and achieved a minimum score (23 rd percentile)? (NOTE: The test is NOT required of students prior to entering the 9 th grade for the first time.)
Tests approved for assessment of satisfactory progress by home school students are the two most recent versions of the following tests: <ul style="list-style-type: none"> • Comprehensive Tests of Basic Skills – CTBS Terra Nova 800.538.9547. • Iowa Tests of Basic Skills – Riverside Publishing Co. Common Core Correlation K-12, 2008 Form C – 800.323.9540 Test of Achievement and Proficiency 800.323-9540 • Stanford 9th and 10th Editions are acceptable – Psychological Corp., P.O Box 708912, San Antonio, TX 888.433.8435, Education Home School 			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	If your student transferred from a public or private high school to a home school, was the student academically eligible to participate in OSAA activities at the time of the transfer?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	If your student transferred from a public or private high school to a home school within the last calendar year, did the transfer occur in between school years or during the school year but without a change to the student's school of representation?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	If your student has represented a high school in competition within the past calendar year, do they intend to represent the same school this year?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Does your student meet all OSAA age and duration of eligibility (5 th year) restrictions?

Parent Signature _____ Date _____



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503.682.6722 <http://www.osaa.org>

School maintains form.

High School Equivalency Parent Checklist

Oregon law ([ORS 339.030](#), and [ORS 339.460](#)) and OSAA regulations allow activities participation by high school equivalency students at OSAA member schools under certain circumstances. This checklist is intended to assist parents in determining whether their child is eligible under the applicable regulations to participate at an OSAA member school. **Be aware that the OSAA has eligibility rules beyond those required by the ODE.** More specific information, and answers to specific eligibility questions can be accessed by calling the OSAA Office at 503.682.6722.

A high school equivalency student may be eligible to represent an OSAA member school in competition ONLY if the answer to each of the following questions is, "Yes."

Yes No N/A

Name of Student _____

☐ ☐ ☐

Was your student registered as a high school equivalency student prior to the first day of school at the school the student wishes to represent in competition this year?

☐ ☐ ☐

If your student wishes to represent a PUBLIC high school in competition, is your Joint Residence within the attendance boundaries of the public high school they wish to represent?

☐ ☐ ☐

If your student wishes to represent a PRIVATE high school in competition, is your Joint Residence within the attendance boundaries of the public high school in whose attendance boundaries the private high school is located?

☐ ☐ ☐

Does your student meet all of the participation requirements of the high school they wish to represent in competition except class attendance or academic eligibility requirements?

☐ ☐ ☐

Does your student meet the same standards of behavior and performance including related class or practice requirements that must be met by the other student participants at the high school they wish to represent in competition?

☐ ☐ ☐

Has your student demonstrated prior to beginning the interscholastic activity each year, that they have passed at least one practice test administered through the high school equivalency program?

☐ ☐ ☐

If your student transferred from a public or private high school to a high school equivalency program, was the student academically eligible to participate in OSAA activities at the time of the transfer?

☐ ☐ ☐

If your student transferred from a public or private high school to a high school equivalency program within the last calendar year, did the transfer occur in between school years or during the school year but without a change to the student's school of representation?

☐ ☐ ☐

If your student has represented a high school in competition within the past calendar year, do they intend to represent the same school this year?

☐ ☐ ☐

Does your student meet all OSAA age and duration of eligibility (5th year) restrictions?

Parent Signature _____

Date _____



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School maintains form.

International Student Eligibility Checklist

Excerpt OSAA Handbook, Rules

8.6.3. Exceptions to Fundamental Rule.

(c) International students on CSIET approved programs. [\(CSIET List\)](#)

Rule: An international student who is on a CSIET approved program is eligible for one year from the date of enrollment if the following criteria are met:

- (1) The student is attending a school in the attendance boundary where the host family resides.
- (2) The student satisfies the OSAA age requirement.
- (3) The student has not completed the equivalent of twelve years of education (excluding kindergarten).
- (4) The student has not previously attended a high school in the United States.
- (5) Neither the school the student attends nor any person affiliated with the school has had any input in the selection of the student.
- (6) The host family is not a member (paid or voluntary) of the school's athletic department nor the coach/director of a non-athletic activity.
- (7) The student is not a "direct placement." A student is considered to be a "direct placement" for the purposes of this rule if the student was placed in a specific high school and/or with a specific host family as a result of a request from the student or the student's family.
- (8) The student has not been terminated from the CSIET program.

Any hardship Eligibility Request Form submitted on behalf of an international student shall be submitted directly to the Executive Director ([Rule 8.6.8](#)). See *OSAA Handbook, Rules* for additional information.

An international student is eligible to represent an OSAA member school when first enrolling in the school ONLY if:

- The international student first enrolls as an entering ninth grade student, OR
- The international student is attending school as a representative of a CSIET approved program AND the answer to each of the following questions is, "Yes."

Name of Student _____ **CSIET Program** _____

Yes No N/A

- | | | | |
|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Is the international student attending school in the attendance boundary where the host family resides? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Does the international student's age satisfy OSAA age restrictions? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Has the international student completed eleven or fewer years of education (excluding kindergarten)? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Is this the first time that the international student has attended high school in the United States? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Is it an accurate statement that no person affiliated with the school had any input in the placement of the international student at the school? |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The host family is not a member (paid or voluntary) of the school's athletic department nor the coach/director of a non-athletic activity. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Is it an accurate statement that the international student was not a "direct placement" at the school? (Under OSAA Rules, a student is considered to be a "direct placement" if "...the student was placed in a specific high school and/or with a specific host family as a result of a request from the student or the student's family.") |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Is it an accurate statement that the international student has not been terminated from the CSIET program? |

If the answer to any of the above questions is, "No," the international student is ineligible to represent a member school for one calendar year.

Host Parent Signature _____ **Date** _____

School maintains form.

Page 1 of 2

NOTE: This form, or its substantial equivalent, must be completed and a copy maintained at the receiving school for inspection at the request of the OSAA prior to the student's affiliation with the school to which the student is transferring. See Rule 8.6.5, "Transfers to a School with Affiliation" outlined on the back of this document for more information.

Name of Student _____ Birth Date / /
Month / Day / Year

Name of Parents and Address of Joint Residence _____

School Currently Attending _____ City _____

School to Which Transferring	City
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Intended Transfer Date

I affirm that I am aware of the above student's intent to transfer as indicated above.

Signature _____

Under penalty of perjury, I affirm that no coach, parent, administrator, teacher or other representative of the receiving school initiated contact or offered any inducements for the purpose of having the student attend the receiving school for athletic participation. I understand that the student hereafter may become ineligible if a coach with whom the student has been affiliated in the past calendar year is subsequently hired by the receiving school. I also affirm that there has been no affiliation, as stated in OSAA Rule 8.6.5, prior to the signing of this certificate by all parties above.

Parent Signature _____ Date _____

Student Signature _____ Date _____

I affirm that I am aware of the above student's intent to transfer as indicated above. I understand that the student hereafter may become ineligible if a coach with whom the student has been affiliated in the past calendar year is subsequently hired by the receiving school. I also affirm that there has been no affiliation, as stated in OSAA Rule 8.6.5, prior to the signing of this certificate by all parties above.

Signature _____ Date _____

Administrator

This form expires one year from the date of the last signature.

Excerpt OSAA Handbook, Rules, Rule 8.6.5, Transfers to a School with Affiliation**8.6.5. Transfers to a School with Affiliation.**

Despite compliance with the other provisions of these Rules, a high school student who attends, participates or was eligible to participate for a school, and then transfers to another school is ineligible for one calendar year from the last date of participating or receiving instruction as described below under any of the following circumstances:

(a) The student transfers from a public, private or charter school within one calendar year after:

- (1) Participating in non-school athletics (e.g., AAU, American Legion, club team, or other non-school teams) on a team affiliated with the school to which the student transfers or may represent under **Rule 8.5. – School Representation** or **Article 6.5. Cooperative Sponsorship**, AND/OR
- (2) Receiving athletic or activities instruction, including weight training and conditioning, from a person affiliated with the school to which the student transfers or may represent under **Rule 8.5. – School Representation** or **Article 6.5. Cooperative Sponsorship**.

EXCEPTION: The eligibility of a full member private school student who transfers to a public school at which the student has previously been a participant in a school sport or activity is not affected by this rule for said sport or activity. The eligibility of an Associate Member school student who transfers to or from a public school at which the student has previously been a participant in a school sport or activity is not affected by this rule for said sport or activity.

(b) The student transfers from a home school within one calendar year after:

- (1) Participating in non-school athletics (e.g., AAU, American Legion, club team, or other non-school teams) on a team affiliated with the school to which the student transfers or may represent under **Rule 8.5. – School Representation** or **Article 6.5. Cooperative Sponsorship**, AND/OR
- (2) Receiving athletic or activities instruction, including weight training and conditioning, from a person affiliated with the school to which the student transfers or may represent under **Rule 8.5. – School Representation** or **Article 6.5. Cooperative Sponsorship**.

EXCEPTION: The eligibility of a home school student who transfers to or from a public or private school at which the student has previously been a participant in a school sport or activity or was eligible to participate in a school sport or activity is not affected by this rule for said sport or activity.

1. **Q.** At what point is a student considered a member of a non-school affiliated team?
A. If a student participates in a practice or contest, that student is considered a team member and is a part of the roster.
2. **Q.** What constitutes a “team affiliated with the school”?
A. A team is considered to be “affiliated with the school” if more than half the number of students on the team’s roster or regularly participating in practices or contests are from that school.
3. **Q.** Who is considered to be a part of the school coaching staff?
A. A coach (paid or volunteer) is anyone involved in coaching a team that has contact with students more than three times in a sports season.
4. **Q.** Does Transfer **Rule 8.6.5.** apply to incoming 9th graders?
A. No, all students are eligible when they enter the beginning year of a four-year (grades 9-12) high school for the first time.
5. **Q.** How may a student document that the transfer process was initiated prior to participating on a non-school team associated with the school to which the student is transferring?
A. The student should complete the “Student Intent to Transfer Certificate,” or its substantial equivalent, prior to participation at the school to which the student is transferring.
6. **Q.** If a student receives instruction from a coach, then the coach moves to a different school, may the student transfer to the “new” school of the coach without jeopardizing their eligibility?
A. No. The student’s eligibility may be in jeopardy if the student transfers to the school where that coach currently coaches regardless of whether the coach’s current school is where the coach was employed at the time of the instruction. The student’s potential ineligibility is linked to the coach from whom instruction was received, not to the school of the coach at the time of the instruction.
7. **Q.** Under Transfer **Rule 8.6.5.**, if a student receives instruction from a coach who is also their parent, then the coach/parent moves to a different school, may the student transfer to the “new” school of the coach/parent without jeopardizing their eligibility?
A. Yes, provided that within the last calendar year the student has not received instruction from any other person affiliated with the school to which the student transfers and/or the student has not participated on a team affiliated with the school to which the student transfers.
8. **Q.** Does receiving athletic instruction or attending a camp or clinic at which a person affiliated with the school to which a student transfers place the student’s eligibility in jeopardy under **Rule 8.6.5.**?
A. Yes. Further, any time a student and coach attend the same camp, instruction is considered to have taken place.
9. **Q.** If less than one calendar year has passed since a student-received instruction from a coach and the student transfers to the school of that coach, is the student eligible?
A. No. The period of ineligibility for a student who transfers to a school with which an instructor is affiliated (or with which a non-school team is affiliated) is one calendar year from the last time the student received instruction from the coach (or played for the school). For example, if the student transfers to the school within one calendar year of receiving instruction, the student is ineligible until one calendar year has passed since the last date of instruction.
10. **Q.** If a student is ineligible for one year because the student participated on a non-school team associated with a school prior to transferring to that school, may the student file a hardship appeal to regain eligibility?
A. If application of the rule will work an undue hardship upon the student due to circumstances beyond the control of each of the student and the student’s parent(s), the school at which the student wishes to participate may submit an Eligibility Request Form to the District Committee to petition for reinstatement of eligibility.
11. **Q.** If a student participates as part of a cooperative sponsorship for one school and then transfers to the other school in the cooperative sponsorship, does the student remain eligible?
A. No, because the transfer is to a school with affiliation.
12. **Q.** If a student transfers to a school, or provides notice of intent to transfer, and afterwards a coach from whom the student has received instruction becomes a coach at the same receiving school, is the student still subject to the one year of ineligibility from the last date of instruction or participation, because the coach from whom they received instruction is now at the new school?
A. Yes. The affiliation rule does not depend on whether the student or the coach moves from a common school first. If a student received instruction from a coach, then for one year from the last date of that instruction, the student is ineligible to compete at another school if the coach from whom they received instruction becomes a coach at that same new school.

See **OSAA Handbook, Rules, Rule 8.6.5., “Transfers to a School with Affiliation”** for additional information.

2025-26 OSAA STATE CHAMPIONSHIPS CALENDAR

5.A

ACTIVITY	NFHS WEEK #	25-26 DATES	CHAMPIONSHIP SITE
MORATORIUM WEEK	Week 4	July 27-August 2	
CROSS COUNTRY			
First Practice Date	Week 7	August 18	
First Contest Date	Week 8	August 28	
Cutoff Date	Week 17	November 1	
Championships	Week 18	November 8	Lane Community College (Eugene)
VOLLEYBALL			
First Practice Date	Week 7	August 18	
First Contest / Jamboree Date	Week 8	August 28	
6A, 3A, 1A Cutoff Date	Week 16	October 25	
5A, 4A, 2A Cutoff Date	Week 17	October 28	
6A, 3A, 1A 1st, 2nd Rounds	Week 17	October 29, November 1	
5A, 4A, 2A 1st Round	Week 17	November 1	
6A, 5A Quarterfinals-Finals	Week 18	November 7-8	Forest Grove High School
4A, 3A Quarterfinals-Finals	Week 18	November 7-8	Marshfield HS / North Bend HS (Coos Bay)
2A, 1A Quarterfinals-Finals	Week 18	November 7-8	Eastern Oregon Univ. / LaGrande High School
SOCCER			
First Practice Date	Week 7	August 18	
First Contest / Jamboree Date	Week 8	August 28	
6A, 3A/2A/1A Cutoff Date	Week 17	October 28	
5A, 4A Cutoff Date	Week 17	November 1	
6A, 3A/2A/1A Girls 1st, 2nd Rounds	Week 17, Week 18	November 1, 4-5	
6A, 3A/2A/1A Boys 1st, 2nd Rounds	Week 17, Week 18	November 1, 5-6	
5A & 4A Girls 1st Round	Week 18	November 4-5	
5A & 4A Boys 1st Round	Week 18	November 5-6	
All Quarterfinals	Week 18	November 8	
All Semifinals	Week 19	November 11	
6A, 5A Boys & Girls Finals	Week 19	November 15	Hillsboro Stadium (Hillsboro)
4A, 3A/2A/1A Boys & Girls Finals	Week 19	November 15	Liberty High School (Hillsboro)
FOOTBALL			
First Practice Date	Week 7	August 18	
First Jamboree Date	Week 8	August 28	
First Contest Date	Week 9	August 29	
Varsity Cutoff	Week 17	November 1	
Sub-Varsity Cutoff	Week 18	November 3	
1st Round	Week 18	November 7-8	
Quarterfinals	Week 19	November 14-15	
Semifinals, 6A Columbia Cup Final	Week 20	November 21-22	
Finals	Week 21	November 28-29	TBD
CHEERLEADING			
First Practice Date	Week 7	August 18	
First Contest Date	Week 8	August 28	
Cutoff Date	Week 29	January 20	
Gameday Championships	Week 32	February 13	Oregon City High School
Traditional Championships	Week 32	February 14	Oregon City High School
SWIMMING			
First Practice Date	Week 20	November 17	
First Contest Date	Week 22	December 3	
Cutoff Date	Week 32	February 14	
Championships	Week 33	February 20-21	Tualatin Hills Aquatic Center (Beaverton)
WRESTLING			
First Practice Date	Week 20	November 17	
First Contest Date	Week 22	December 3	
4A, 3A, 2A/1A Boys & 6A/5A Girls Districts	Week 32	February 13-14	
6A, 5A Boys and 4A/3A/2A/1A Girls Districts	Week 33	February 20-21	
Cutoff Date	Week 33	February 21	
Boys and Girls Championships	Week 34	February 26-28	Veterans Memorial Coliseum (Portland)
BASKETBALL			
First Practice Date	Week 20	November 17	
First Contest / Jamboree Date	Week 22	December 3	
3A, 2A, 1A Cutoff Date	Week 33	February 21	
6A Cutoff Date	Week 34	February 28	
3A, 1A Boys 1st, 2nd Rounds	Week 34	February 24, 27	
3A, 1A Girls 1st, 2nd Rounds	Week 34	February 25, 28	
5A, 4A Cutoff Date	Week 35	March 4	
1A Boys Quarterfinals-Finals	Week 35	March 4-7	Baker High School
1A Girls Quarterfinals-Finals	Week 35	March 5-7	Baker High School
2A Boys 1st Round	Week 34	February 27	
2A Girls 1st Round	Week 34	February 28	
2A Boys & Girls Quarterfinals-Finals	Week 35	March 5-7	Pendleton Convention Center / Pendleton HS
3A Boys & Girls Quarterfinals-Finals	Week 35	March 5-7	Marshfield HS / North Bend HS (Coos Bay)

2025-26 OSAA STATE CHAMPIONSHIPS CALENDAR 5.A

5A, 4A Boys 1st Round	Week 35	March 6	
5A, 4A Girls 1st Round	Week 35	March 7	
4A Boys & Girls Quarterfinals-Finals	Week 36	March 12-14	Forest Grove High School
5A Boys Quarterfinals-Finals	Week 36	March 11-14	Linfield University (McMinnville)
5A Girls Quarterfinals-Finals	Week 36	March 12-14	Linfield University (McMinnville)
6A Boys 1st, 2nd Rounds	Week 35	March 3, 6	
6A Girls 1st, 2nd Rounds	Week 35	March 4, 7	
6A Boys Quarterfinals-Finals	Week 36	March 11-14	University of Portland
6A Girls Quarterfinals-Finals	Week 36	March 12-14	University of Portland
DANCE/DRILL			
First Practice Date	Week 7	August 18	
First Contest Date	Week 8	August 28	
Cutoff Date	Week 35	March 7	
Championships	Week 37	March 20-21	Salem Pavilion
SPEECH			
First Practice Date	Week 7	August 18	
First Contest Date	Week 8	August 28	
Cutoff Date	Week 40	April 11	
Championships	Week 42	April 23-25	Western Oregon University (Monmouth)
MUSIC			
First Practice Date	Week 7	August 18	
First Contest Date	Week 8	August 28	
Solo Music Cutoff Date	Week 37	March 17	
Choir, Band, Orchestra Cutoff Date	Week 41	April 18	
Solo Music	Week 43	May 2	Portland State University
2A/1A, 3A Choir	Week 44	May 7	Oregon State University (Corvallis)
5A, 4A Choir	Week 44	May 8	Oregon State University (Corvallis)
6A Choir	Week 44	May 9	Oregon State University (Corvallis)
Orchestra	Week 45	May 13	Oregon State University (Corvallis)
4A, 3A Band	Week 45	May 14	Oregon State University (Corvallis)
5A, 2A/1A Band	Week 45	May 15	Oregon State University (Corvallis)
6A Band	Week 45	May 16	Oregon State University (Corvallis)
GOLF			
First Practice Date	Week 35	March 2	
First Contest Date	Week 37	March 16	
Cutoff Date	Week 45	May 12	
6A Boys Golf	Week 46	May 18-19	Emerald Valley Golf Course (Creswell)
6A Girls Golf	Week 46	May 18-19	OGA Golf Course (Woodburn)
5A Boys Golf	Week 46	May 18-19	Tokattee Golf Course (McKenzie)
5A Girls Golf	Week 46	May 18-19	OGA Golf Course (Woodburn)
4A Boys Golf	Week 46	May 18-19	Emerald Valley Golf Course (Creswell)
4A/3A/2A/1A Girls Golf	Week 46	May 18-19	Eagle Crest Resort Course (Redmond)
3A/2A/1A Boys Golf	Week 46	May 18-19	Tokattee Golf Course (McKenzie)
TENNIS			
First Practice Date	Week 35	March 2	
First Contest Date	Week 37	March 16	
Cutoff Date	Week 45	May 16	
6A Boys & Girls	Week 46	May 21-23	Tualatin Hills Tennis Center (Beaverton)
5A Boys & Girls	Week 46	May 22-23	West Hills RC and Tualatin Hills TC
4A/3A/2A/1A Boys & Girls	Week 46	May 21-23	Oregon State University (Corvallis)
TRACK & FIELD			
First Practice Date	Week 35	March 2	
First Contest Date	Week 37	March 16	
Cutoff Date	Week 46	May 23	
3A, 2A, 1A Boys & Girls	Week 47	May 28-29	University of Oregon (Eugene)
6A, 5A, 4A Boys & Girls	Week 47	May 29-30	University of Oregon (Eugene)
BASEBALL/SOFTBALL			
4A, 3A, 2A/1A Rule of 8	Week 33	February 16	
First Practice Date	Week 35	March 2	
First Contest / Jamboree Date	Week 37	March 16	
6A, 3A, 2A/1A Cutoff Date	Week 46	May 21	
5A, 4A Cutoff Date	Week 46	May 23	
6A, 3A, 2A/1A 1st, 2nd Rounds	Week 47	May 25, 27	
5A, 4A 1st Round	Week 47	May 26	
All Quarterfinals	Week 47	May 29	
All Semifinals	Week 48	June 2	
3A, 2A/1A Softball Finals	Week 48	June 5	University of Oregon (Eugene)
6A, 5A, 4A Softball Finals	Week 48	June 6	University of Oregon (Eugene)
Baseball Finals	Week 48	June 6	TBD
LAST DAY OF ASSOCIATION YEAR			
	Week 47	May 25	
Participation Limitations (Handbook Link) https://www.osaa.org/docs/handbooks/osaahandbook.pdf#page=130			

OSAA Athletic Director Checklist – Fall 2025

It is vital that the OSAA office have an accurate email address for every Superintendent, Principal, Athletic Director, Activity Director, AD Secretary, and Varsity Head Coach. To add/update an email address, please use the Manage Staff button under School Information in your website account. Questions? Contact Gibby Reynolds at gibbyr@osaa.org.

<u>Item</u>	<u>Location on OSAA Website</u>	<u>Deadline</u>
Update Emails/Staff Contacts (REQUIRED to update contact and personnel information for your school; includes Varsity Head Coach name and email addresses; schools are encouraged to add all coaches through the Manage Staff section)	OSAA Website, My Account	As needed
OSAA Fall Administrator Workshops/ Spirit Safety Clinics (OSAA staff reviews rule changes, etc.; REQUIRED for all schools; all cheer/dance coaches REQUIRED to attend Safety Clinic)	OSAA Headlines on Home Page	See workshop schedule
Physical Examination Form (REQUIRED every two years for all student's 7 th -12 th grade prior to participating in extracurricular sports; Oregon State Board of Education mandates use of this form; Chinese, Russian, Spanish, and Vietnamese versions also available)	Governance, Forms Page	Prior to participation
Eligible Student Transfer Certificate (REQUIRED for each eligible transfer student new to your school; maintain on file at school)	Governance, Forms Page	Prior to participation
School Representation Eligibility Certificate (REQUIRED for a student who does not attend the school he/she wishes to represent; maintain on file at school)	Governance, Forms Page	Prior to participation
AD/Coach Certification Requirements (REQUIRED certification in Fundamentals of Coaching, Concussions, Steroids, Heat Acclimatization, etc.; schools are encouraged to utilize the Manage Staff section of their school page to track these certifications, includes automatic email alerts)	Handbook (Board Policy)	Prior to coaching
Rule Books Fall - 2025 (Orders are processed based on availability)	Governance, Forms Page (Corner Store)	September 24 encouraged by August 29
Fall Plans (Revamped to include ALL vital information, NFHS rules, OSAA policies; direct coaches and parents to download for each sport)	Activity Specific Page	Prior to first practice
Heat Index Calculator/Alerts Subscription (REQUIRED for all levels; ADs and coaches should subscribe to automatic alerts to receive email and texts when Heat Index is dangerous; if you receive an alert, you must calculate Heat Index for your location within one hour prior to start of practice)	OSAA Headlines on Home Page	Prior to each practice
Adding a New Sport After the Deadline (Review the list of districts for each Fall sport on the website to make sure your school appears; this form is REQUIRED for any school wishing to add a sport that they didn't already notify OSAA as wanting to offer for the current year)	Governance, Forms Page	Prior to first contest
Rosters, Schedules and Scores (REQUIRED entry of Varsity schedules for football, volleyball, boys' soccer, girls' soccer; submit after contests; use Mobile version)	OSAA Website, My Account	First contest date
Rosters and Team Photos (Strongly encouraged to enter rosters (JV, Freshman) and team photos)	OSAA Website, My Account	First contest date
Out of State Opponent Form (Strongly recommended to use this form to gather contact information for out of state opponents for accurate recordkeeping)	Governance, Forms Page	As needed
District Meet Director Information (DMD) (Instructions for district meet directors, includes state championship entry info; must download from sport's page on OSAA website; contact Kathi Fetch kathif@osaa.org or call 503.648.2582 x221)	Activity Specific Page	October 10
Seasonal Pre-Selection/Participation Survey (Shows which Fall activities your school will offer in Fall 2026; will be voted on by Executive Board in December; also includes REQUIRED survey detailing # of students participating in your Fall sports programs; seasonal state championship reimbursement will be sent only to those schools that have completed this important survey)	OSAA Website, My Account	October 13
Academic All-State Program (Awards program recognizing cumulative team GPA in cross country, football, soccer and volleyball)	OSAA Website, My Account	October 13

If one of your teams qualifies for the state championships, remember these items:

State Championship Information (Includes event sites and times, info about tickets, parking, maps, souvenirs; direct coaches and parents to download too)	Activity Specific Page	15 days prior to Cutoff
Event Management Information (EMI) (Instructions, ticket signs & reports, PA script for ADs of host schools; ADs must download from sport's page on OSAA website)	Activity Specific Page	15 days prior to Cutoff

OSAA Athletic Director Checklist – Winter 2025-26

It is vital that the OSAA office have an accurate email address for every Superintendent, Principal, Athletic Director, Activity Director, AD Secretary, and Varsity Head Coach. To add/update an email address, please use the Manage Staff button under School Information in your website account. Questions? Contact Gibby Reynolds at gibbyr@osaa.org.

<u>Item</u>	<u>Location on OSAA Website</u>	<u>Deadline</u>
Update Emails/Staff Contacts (REQUIRED to update contact and personnel information for your school; includes Varsity Head Coach name and email addresses; schools are encouraged to add all coaches through the Manage Staff section)	OSAA Website, My Account	As needed
Physical Examination Form (REQUIRED every two years for all students 7 th -12 th grade prior to participating in extracurricular sports; Oregon State Board of Education mandates use of this form; Chinese, Russian, Spanish, and Vietnamese versions also available)	Governance, Forms Page	Prior to participation
Eligible Student Transfer Certificate (REQUIRED for each eligible transfer student new to your school; maintain on file at school)	Governance, Forms Page	Prior to participation
School Representation Eligibility Certificate (REQUIRED for a student who does not attend the school he/she wishes to represent; maintain on file at school)	Governance, Forms Page	Prior to participation
AD/Coach Certification Requirements (REQUIRED certification in Fundamentals of Coaching, Concussions, Steroids, Heat Acclimatization, etc.; schools are encouraged to utilize the Manage Staff section of their school page to track these certifications, includes automatic email alerts)	Handbook (Board Policy)	Prior to coaching
Rule Books Winter – 2025-26 (Orders are processed based on availability)	Governance, Forms Page (Corner Store)	December 17
Winter Plans (Revamped to include ALL vital information, NFHS rules, OSAA policies; direct coaches and parents to download for each sport)	Activity Specific Page	Prior to first practice
Adding a New Sport After the Deadline (Review the list of districts for each Winter sport on the website to make sure your school appears; this form is REQUIRED for any school wishing to add a sport that they didn't already notify OSAA as wanting to offer for the current year)	Governance, Forms Page	Prior to first contest
Rosters, Schedules, and Scores (REQUIRED entry of Varsity schedules for boys and girls basketball; submit after contests; use Mobile version)	OSAA Website, My Account	First contest date
Rosters and Team Photos (Strongly encouraged to enter rosters (JV, Freshman) and team photos)	OSAA Website, My Account	First contest date
Out of State Opponent Form (Strongly recommended to use this form to gather contact information for out of state opponents for accurate recordkeeping)	Governance, Forms Page	As needed
District Meet Director Information (DMD) (Instructions for district meet directors, includes state championship entry info; must download from sport's page on OSAA website; contact Kathi Fetch kathif@osaa.org or call 503.648.2582 x221)	Activity Specific Page	January 24
Seasonal Pre-Selection/Participation Survey (Shows which Winter activities your school will offer in Winter 2026-27; will be voted on by Executive Board in February; also includes REQUIRED survey detailing # of students participating in your Winter sports programs; seasonal state championship reimbursement will be sent only to those schools that have completed this important survey)	OSAA Website, My Account	January 19
Academic All-State Program (Awards program recognizing cumulative team GPA in swimming, wrestling, basketball, cheerleading and dance/drill)	OSAA Website, My Account	February 23

If one of your teams qualifies for the state championships, remember these items:

State Championship Information (Includes event sites and times, info about tickets, parking, maps, souvenirs; direct coaches and parents to download too)	Activity Specific Page	15 days prior to Cutoff
Event Management Information (EMI) (Instructions, ticket signs & reports, PA script for ADs of host schools; ADs must download from sport's page on OSAA website)	Activity Specific Page	15 days prior to Cutoff

OSAA Athletic Director Checklist – Spring 2026

It is vital that the OSAA office have an accurate email address for every Superintendent, Principal, Athletic Director, Activity Director, AD Secretary, and Varsity Head Coach. To add/update an email address, please use the Manage Staff button under School Information in your website account. Questions? Contact Gibby Reynolds at gibbyr@osaa.org.

<u>Item</u>	<u>Location on OSAA Website</u>	<u>Deadline</u>
Update Emails/Staff Contacts (REQUIRED to update contact and personnel information for your school; includes Varsity Head Coach name and email addresses; schools are encouraged to add all coaches through the Manage Staff section)	OSAA Website, My Account	As needed
Physical Examination Form (REQUIRED every two years for all students 7 th -12 th grade prior to participating in extracurricular sports; Oregon State Board of Education mandates use of this form; Chinese, Russian, Spanish, and Vietnamese versions also available)	Governance, Forms Page	Prior to participation
Eligible Student Transfer Certificate (REQUIRED for each eligible transfer student new to your school; maintain on file at school)	Governance, Forms Page	Prior to participation
School Representation Eligibility Certificate (REQUIRED for a student who does not attend the school he/she wishes to represent; maintain on file at school)	Governance, Forms Page	Prior to participation
AD/Coach Certification Requirements (REQUIRED certification in Fundamentals of Coaching, Concussions, Steroids, Heat Acclimatization, etc.; schools are encouraged to utilize the Manage Staff section of their school page to track these certifications, includes automatic email alerts)	Handbook (Board Policy)	Prior to coaching
Spring Plans (Revamped to include ALL vital information, NFHS rules, OSAA policies; direct coaches and parents to download for each sport)	Activity Specific Page	Prior to first practice
Adding a New Sport After the Deadline (Review the list of districts for each Spring sport on the website to make sure your school appears; this form is REQUIRED for any school wishing to add a sport that they didn't already notify OSAA as wanting to offer for the current year)	Governance, Forms Page	Prior to first contest
Rosters, Schedules and Scores (REQUIRED entry of Varsity schedules for baseball and softball; submit after contests; use Mobile version)	OSAA Website, My Account	First contest date
Rosters and Team Photos (Strongly encouraged to enter rosters (JV, Freshman) and team photos)	OSAA Website, My Account	First contest date
Out of State Opponent Form (Strongly recommended to use this form to gather contact information for out of state opponents for accurate recordkeeping)	Governance, Forms Page	As needed
District Meet Director Information (DMD) (Instructions for district meet directors, includes state championship entry info; must download from sport's page on OSAA website; contact Kathi Fetch kathif@osaa.org or call 503.648.2582 x221)	Activity Specific Page	April 17
Seasonal Pre-Selection/Participation Survey (Shows which Spring activities your school will offer in Spring 2027; will be voted on by Executive Board in May; also includes REQUIRED survey detailing # of students participating in your Spring sports programs; seasonal state championship reimbursement will be sent only to those schools that have completed this important survey)	OSAA Website, My Account	April 20
Academic All-State Program (Awards program recognizing cumulative team GPA in golf, tennis, track, baseball, softball, speech, and music)	OSAA Website, My Account	April 20
Scholar Athletic/Activity Program (Recognizes graduating seniors (Scholar Athletes and Activity Scholars) with cumulative 3.50 GPA or higher with certificates)	Awards Program Page	offline on June 26
Rules Books Spring – 2027 (Orders are processed based on availability)	Governance, Forms Page (Corner Store)	March 18

If one of your teams qualifies for the state championships, remember these items:

State Championship Information (Includes event sites and times, info about tickets, parking, maps, souvenirs; direct coaches and parents to download too)	Activity Specific Page	15 days prior to Cutoff
Event Management Information (EMI) (Instructions, ticket signs & reports, PA script for ADs of host schools; ADs must download from sport's page on OSAA website)	Activity Specific Page	15 days prior to Cutoff



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



2024-25 EJECTION FREE SCHOOLS

Adrian High School, 2	Hidden Valley High School, 1	Portland Christian High School, 5
Alsea High School, 1	Hillsboro High School, 2	Portland Waldorf School, 3
Arlington Community Charter School, 1	Horizon Christian High School, 11	Powder Valley High School, 1
Bickleton High School, 5	Horizon Christian School, 8	Powers High School, 1
Burns High School, 5	Huntington High School, 2	Prairie City High School, 7
Burnt River High School, 7	Illinois Valley High School, 1	Reedsport Community Charter School, 2
Butte Falls High School, 5	Imbler High School, 9	Regis High School, 2
C.S. Lewis Academy, 3	Ione Charter School, 2	Riddle High School, 7
Camas Valley High School, 7	Jewell High School, 19	Ridgeview High School, 1
Cascade Christian High School, 1	Jordan Valley High School, 9	Riverdale High School, 1
Cascade High School, 2	Joseph Charter School, 6	Santiam High School, 1
Central Christian High School, 20	Kings Valley Charter School, 2	Seaside High School, 1
Chemawa Indian School, 8	Klamath Union High School, 1	Sisters High School, 1
City First Christian Academy, 2	Klickitat High School, 6	Siuslaw High School, 3
Colton High School, 1	La Pine High School, 1	South Albany High School, 1
<i>Columbia Christian High School, 19</i>	Lakeview High School, 1	South Umpqua High School, 2
Condon High School, 1	Life Christian School, 7	South Wasco County High School, 1
Coquille High School, 1	Livingstone Adventist Academy, 1	Southridge High School, 1
Cottage Grove High School, 1	<i>Long Creek High School, 18</i>	<i>Southwest Christian High School, 18</i>
Country Christian High School, 11	Lowell High School, 1	Spray High School, 1
Cove Charter School, 4	Eugene Christian, 2	<i>St. Mary's Academy, 19</i>
Crane Union High School, 5	Mapleton High School, 3	St. Mary's School, 1
Crosshill Christian School, 3	McKenzie High School, 6	St. Stephen's Academy, 9
Crosspoint Christian School, 4	Milo Adventist Academy, 6	Summit High School, 1
Crow High School, 9	Mitchell High School, 1	Taft High School, 2
Days Creek Charter School, 6	Mohawk High School, 1	Tigard High School, 1
Dayville High School, 6	Monroe High School, 6	Tillamook High School, 1
Delphian School, 1	Monument High School, 6	Toledo High School, 1
Douglas High School, 1	Nestucca High School, 3	Triangle Lake Charter School, 1
Elgin High School, 4	New Hope Christian High School, 11	Trinity Academy, 8
Elkton High School, 2	Newport High School, 1	<i>Trinity Lutheran High School, 17</i>
Enterprise High School, 1	<i>North Clackamas Christian High School, 19</i>	Tualatin Valley Academy, 1
Estacada High School, 1	North Douglas High School, 3	Ukiah High School, 3
Faith Bible High School, 6	North Lake High School, 2	Umpqua Valley Christian High School, 7
Falls City High School, 1	North Medford High School, 2	Union High School, 1
Four Rivers Senior Preparatory, 3	Oakland High School, 3	Vale High School, 2
Glendale High School, 2	Oakridge High School, 4	Valor Christian School International, 8
Glenwood High School, 5	Oregon Episcopal School, 1	Vernonia High School, 1
Glide High School, 1	Oregon School for the Deaf, 3	Waldport High School, 1
Grand View Christian Academy, 8	Paisley Charter School, 1	Wallowa High School, 1
Grant Union High School, 1	Perrydale High School, 1	Western Christian School, 3
Grants Pass High School, 1	Pilot Rock High School, 1	Wheeler High School, 1
Harper Charter School, 5	Pine Eagle High School, 1	<i>Willamette Valley Christian High School, 20</i>
Harvest Christian School, 1	Portland Adventist Academy, 9	Yamhill-Carlton High School, 1

CONGRATULATIONS!

The number indicates the consecutive years that a school has been ejection free since recognition began in 2006.

The ***bold italic*** indicates the schools that have been ejection free since recognition began in 2006.



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



August 1, 2025

To: Principals and Athletic Directors
From: OSAA Staff
Subject: Testing Dates and OSAA State Championships

Below is the 2025-26 SAT, ACT, IB and AP Exam Schedules correlated with some of the possible overlaps for district events and OSAA state championships. Please communicate with your league and school(s) regarding your league/district events and the possible overlaps for AP or IB testing. We hope this document will be beneficial when communicating with students, parents and coaches in preparation for possible overlaps.

Here is the link to the portion of the OSAA Handbook that identifies substitutions and timing requirements regarding a state championship qualifier for an individual event: <https://www.osaa.org/docs/handbooks/osaahandbook.pdf#page=119>

It is also important to understand the specific details regarding our withdrawal from a state championship policy. Here is the link to that information: <https://www.osaa.org/docs/handbooks/osaahandbook.pdf#page=129>

Test Date	Test	District Events / OSAA State Championships
2025		
August 23	SAT	
September 6	ACT	
September 13	SAT	
October 4	SAT	
October 18	ACT	
November 8	SAT	Volleyball State Championships Cross Country State Championship Football and Soccer Playoffs
December 6	SAT	
December 13	ACT	
2026		
February 14	ACT	Cheerleading State Championship
March 14	SAT	6A, 5A, 4A Basketball State Championships
April 11	ACT	Speech Cutoff
April 24 (PM)	IB: School-based Syllabus SL Paper 1 Langate & culture SL paper 1	Speech State Championships
April 27 (AM)	IB: School-based Syllabus SL paper 2 Language and Culture SL paper 2	
April 27 (PM)	IB: Language A Literature HL paper 1 Language A Literature SL paper 1 Language A Language & Literature HL paper 1 Language A Language & Literature SL paper 1 * Except: English, French & Spanish	
April 28 (AM)	IB: Language A Literature HL/SL paper 2 Language A Language & Literature HL/SL paper 2 * Except: English, French & Spanish	

April 28 (PM)	IB: Physics HL paper 1 (1a and 1b) Physics SL paper 1 (1a and 1b) Sports, exercise & health science HL paper 1 (1a and 1b) Sports, exercise & health science SL paper 1 (1a and 1b)	
April 29 (AM)	IB: Physics HL paper 2 Physics SL paper 2 Sports, exercise & health science HL paper 2 Sports, exercise & health science SL paper 2	
April 29 (PM)	IB: Business management HL/SL paper 1 Business management HL paper 3	
April 30 (AM)	IB: Business management HL paper 2 Business management SL paper 2	
April 30 (PM)	IB: Environmental systems & societies HL paper 1 Environmental systems & societies SL paper 1 Computer science HL paper 1 Computer science SL paper 1	
May 2	SAT	Solo Music State Championships
May 4 (AM)	IB: Computer science HL paper 2 Computer science HL paper 3 Computer science SL paper 2 Environmental systems & societies HL paper 2 Environmental systems & societies SL paper 2 AP: Calculus AB Calculus BC	
May 4 (PM)	IB: History HL/SL paper 1 History HL/SL paper 2 AP: Environmental Sciences Micro economics	
May 5 (AM)	IB: History HL paper 3 AP: Chemistry Human Geography	
May 5 (PM)	IB: Language B HL paper 1 Language B HL paper 2 - Reading comprehension Language B SL paper 1 Language B SL paper 2 - Reading comprehension Language ab initio SL paper 1 Language ab initio SL paper 2 - Reading comprehension * Except: English, French & Spanish	

	Latin HL paper 1 Latin SL paper 1 AP: Comparative Government and Politics Computer Science A	
May 6 (AM)	IB: Language B HL paper 2 - Listening comprehension Language B SL paper 2 - Listening comprehension Language ab initio SL paper 2 - Listening comprehension * Except: English, French & Spanish Latin HL paper 2 Latin SL paper 2 AP: English Literature and Composition	
May 6 (PM)	IB: Psychology HL paper 1 Psychology SL paper 1 AP: Japanese Language and Culture World History - Modern	
May 7 (AM)	IB: Psychology HL paper 2 Psychology HL paper 3 Psychology SL paper 2 AP: African American Studies Statistics	OSAA 3A, 2A/1A Choir State Championships
May 7 (PM)	IB: English A Literature HL paper 1 English A Literature SL paper 1 English A Language & Literature HL paper 1 English A Language & Literature SL paper 1 English B HL paper 1 English B HL paper 2 - Reading comprehension English B SL paper 1 English B SL paper 2 - Reading comprehension English ab initio SL paper 1 English ab initio SL paper 2 - Reading comprehension AP: Chinese Language and Culture Macroeconomics	OSAA 3A, 2A/1A Choir State Championships

May 8 (AM)	IB: English A Literature HL/SL paper 2 English A Language & Literature HL/SL paper 2 English B HL paper 2 - Listening comprehension English B SL paper 2 - Listening comprehension English ab initio SL paper 2 - Listening comprehension Literature & performance SL paper 1 AP: Italian Language and Culture United States History	OSAA 5A, 4A Choir State Championships
May 8 (PM)	IB: Geography HL paper 1 Geography SL paper 1 Psychology HL paper 1 Psychology SL paper 1 Social & cultural anthropology HL paper 1 Social & cultural anthropology SL paper 1 AP: United States Government and Politics	OSAA 5A, 4A Choir State Championships
May 11 (AM)	IB: Geography HL/SL paper 2 Geography HL paper 3 Psychology HL/SL paper 2 Psychology HL paper 3 Social and cultural anthropology HL paper 2 Social and cultural anthropology SL paper 2 AP: Biology Latin	District Golf Tournaments
May 11 (PM)	IB: Biology HL paper 1 (1a and 1b) Biology SL paper 2 (1a and 1b) AP: Music Theory Seminar	District Golf Tournaments
May 12 (AM)	IB: Biology HL paper 2 Biology SL paper 2 AP: French Language and Composition Precalculus	District Golf Tournaments
May 12 (PM)	IB: Economics HL/SL paper 2 World Religions SL paper 1 AP: European History Physics 2: Algebra-Based	District Golf Tournaments
May 13 (AM)	IB: Economics HL paper 1 Economics HL paper 3 Economics SL paper 1 World Religions SL paper 2	OSAA Orchestra State Championships

	AP: English Language and Composition German Language and Culture	
May 13 (PM)	IB: Classical Greek HL paper 1 Classical Greek SL paper 1 Spanish A Literature HL paper 1 Spanish A Literature SL paper 1 Spanish A Language & Literature HL paper 1 Spanish A Language & Literature SL paper 1 Spanish B HL paper 1 Spanish B HL paper 2 - Reading comprehension Spanish B SL paper 1 Spanish B SL paper 2 - Reading comprehension Spanish ab initio SL paper 1 Spanish ab initio SL paper 2 - Reading comprehension AP: Physics C: Mechanics	OSAA Orchestra State Championships
May 14 (AM)	IB: Classical Greek HL paper 2 Classical Greek SL paper 2 Spanish A Literature HL/SL paper 2 Spanish A Language & Literature HL/SL paper 2 Spanish B HL paper 2 - Listening comprehension Spanish B SL paper 2 - Listening comprehension Spanish ab initio SL paper 2 - Listening comprehension AP: Art History Spanish Language and Culture	OSAA 4A, 3A Band State Championships
May 14 (PM)	IB: Mathematics Analysis and approaches HL paper 1 Analysis and approaches SL paper 1 Mathematics Application and interpretation HL paper 1 Application and interpretation SL paper 1 AP: Computer Science Principles Physics C: Electricity and Magnetism	OSAA 4A, 3A Band State Championships
May 15 (AM)	IB: Mathematics Analysis and approaches HL paper 2 Analysis and approaches SL paper 2 Mathematics Application and interpretation HL paper 2 Application and interpretation SL paper 2 AP: Physics 1: Algebra Based Spanish Language and Culture	Tennis District Tournaments OSAA 5A, 2A/1A Band State Championships
May 15 (PM)	IB: Chemistry HL paper 1 (1a and 1b) Chemistry SL paper 1 (1a and 1b) Design technology HL paper 1	Tennis District Tournaments OSAA 5A, 2A/1A Band State Championships

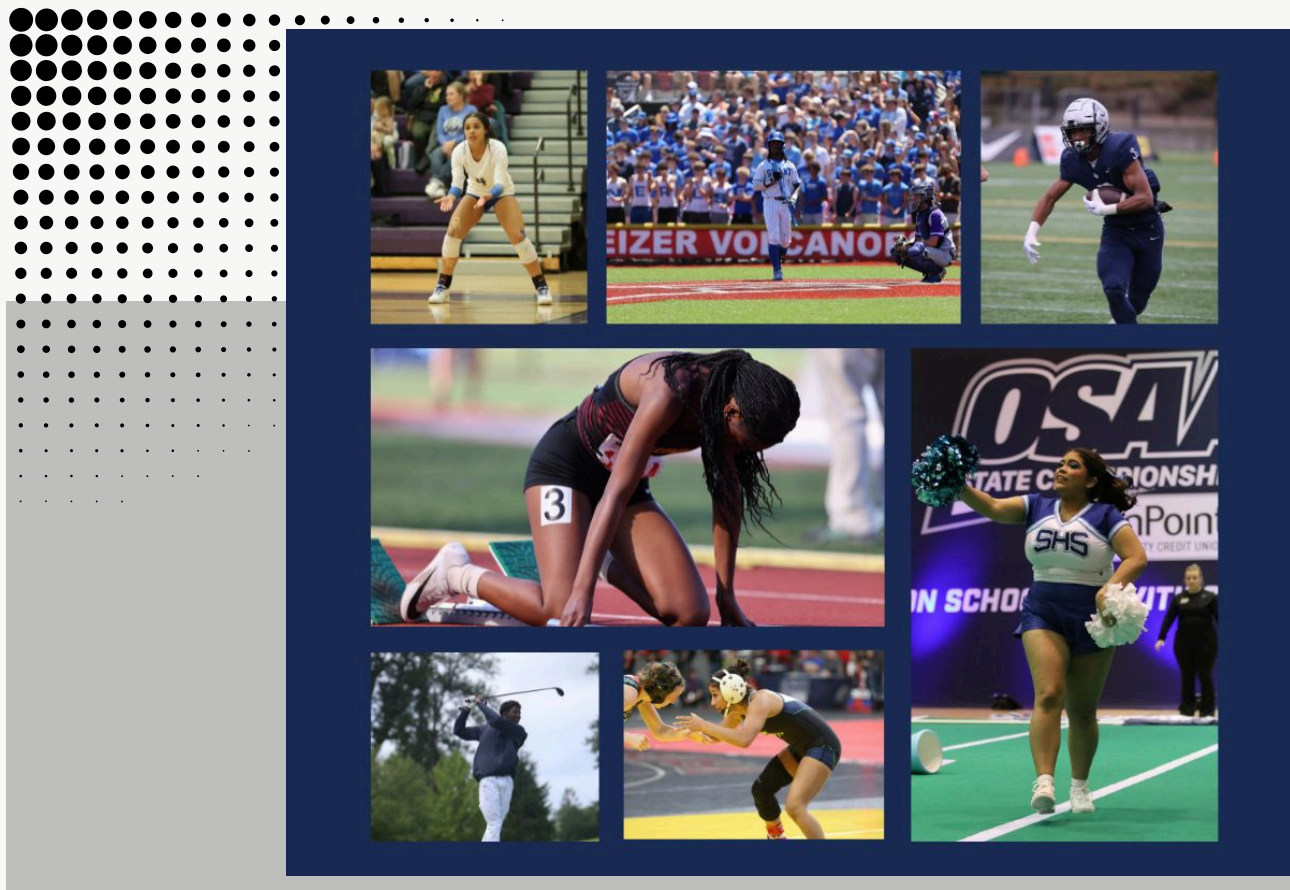
	Design technology SL paper 1 Design technology HL/SL paper 2 AP: Psychology	
May 18 (AM)	IB: Chemistry HL paper 2 Chemistry HL paper 2 Design technology HL paper 3	OSAA Golf State Championships
May 18 (PM)	IB: Digital society HL paper 1 Digital society SL paper 1 Global politics HL/SL paper 1 Global politics HL/SL paper 2	OSAA Golf State Championships
May 19 (AM)	IB: Digital society HL paper 1 Digital society SL paper 1 Global politics HL/SL paper 1	OSAA Golf State Championships
May 19 (PM)	IB: French A Literature HL paper 1 French A Literature SL paper 1 French A Language & Literature HL paper 1 French A Language & Literature SL paper 1 French B HL paper 1 French B HL paper 2 - Reading comprehension French B SL paper 1 French B SL paper 2 - Reading comprehension French ab initio SL paper 1 French ab initio SL paper 2 - Reading comprehension	OSAA Golf State Championships
May 20 (AM)	IB: French A Literature HL/SL paper 2 French A Language & Literature HL/SL paper 2 French B HL paper 2 - Listening comprehension French B SL paper 2 - Listening comprehension French ab initio SL paper 2 - Listening comprehension	
May 20 (PM)	IB: Mathematics: analysis and approaches HL paper 3 Mathematics: applications and interpretation HL paper 3	
June 6	SAT	OSAA 6A, 5A, 4A Softball State Championships OSAA Baseball State Championships

June 13	ACT	
July 11	ACT	

When Bias Incidents Occur in School Sports and Activities: Preventing, Addressing, and Restoring

A Resource Guide for School Administrators, Athletic Directors, and Coaches





Welcome Message

The OSAA and COSA believe that meeting the needs of all students, both inside and outside of competition, begins with strong leadership from coaches and administrators. Each has the responsibility of creating and maintaining a safe environment where every student can thrive. In athletics and activities, this includes providing equitable participation opportunities, positive recognition, and learning experiences to students while enhancing the achievement of educational goals.

OSAA and COSA created this guide to support schools with readiness to prevent and address incidents of bias and restore when an incident of bias has occurred. This guide is not to replace legal advice. Districts should consult with their legal counsel as needed.

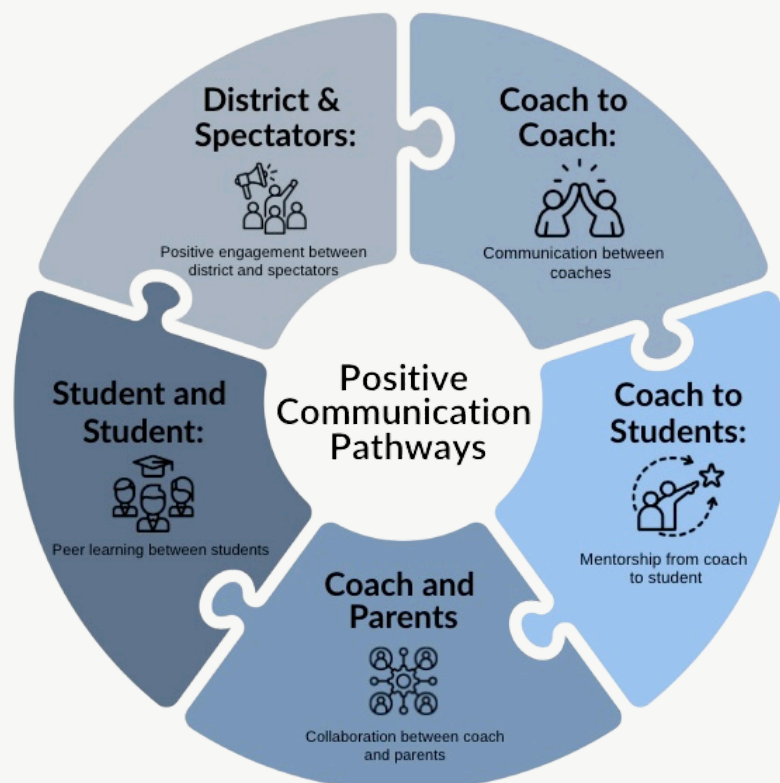
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Prevent, Respond, Restore: Readiness and Response Framework

Creating and maintaining safe spaces for students in athletics and activities is critical for students to thrive. The Prevent, Respond, Restore framework is a resource for school leaders, athletic directors, and coaches and provides schools with tools to proactively prevent and respond to incidents of bias that occur in athletics and activities. This framework is rooted in four principles that are key to positive experiences for all students in athletics and activities.

1. **Safety and well-being** expectations and supports are in place. The safety and well-being of students are the responsibility of school administrators, athletic directors, coaches, players, and spectators. School administrators and athletic directors set the tone and communicate the expectations of conduct and sportsmanship for all in the athletic and activities school community.
2. **Equity and cultural responsiveness** are centered on the student experience. School administrators, athletic directors, and coaches know their students and understand the cultural context of the school community. The students' home cultures are seen as assets, and the school activity works to establish and maintain positive relationships with families and the community.
3. **Ongoing leadership development** is in place. Districts adhere to equitable and ethical hiring and evaluation practices for all coaches. Districts communicate and adhere to equitable and ethical response standards (and discipline if needed) to incidents of conflict or violation of policies and laws governing athletics and activities. Athletic Directors and coaches complete mandatory training requirements prior to assuming any coaching duties.
4. **A culture of collaboration** is expected. Schools cultivate positive communication pathways and parameters to share information, solve problems, and share the responsibility of improving the experience for all student participants.



What is a Bias Incident?

According to the Oregon Department of Education's updated Every Student Belongs Guidance, "Bias incident" means a person's hostile expression of animus toward another person, relating to the other person's perceived race, color, religion, sexual orientation, gender identity, disability, or national origin, of which criminal investigation or prosecution is impossible or inappropriate. Bias incidents may include derogatory language or behavior directed at or about any of the preceding demographic groups. This applies to in-person, hybrid, or distance learning environments.

"Symbol of hate" means nooses, symbols of neo-Nazi ideology, or the battle flag of the Confederacy. For the purpose of this guidance, it also includes any symbol, image, or object that expresses animus on the basis of race, color, religion, sexual orientation, gender identity, disability, or national origin, whose display:

1. Is reasonably likely to cause a substantial disruption of or material interference with school activities; or
2. Is reasonably likely to interfere with the rights of students by denying them full access to the services, activities, and opportunities offered by a school.

Each school district has adopted a policy regarding bias incidents. It is important for each school district to know their policy and how it applies to athletics and activities.



Prevent: It starts with a culture of care & respect

Establish, foster, and maintain a climate of safety and respect

One of the most effective ways to prevent bias incidents in school athletics and activities is by fostering a culture of safety and respect. This begins with clearly communicating expectations, protective policies, reporting procedures, and support resources to all participants, including players, coaches, staff, and officials, before the season starts.

Checklist: Building a Culture of Respect in School Athletics & Activities



1. Establish Clear Expectations and Policies that Prioritize Equity and Non-Discrimination

- Define and document expectations for respectful behavior for players, coaches, staff, and spectators.
- Communicate expectations before the season starts.
- Ensure policies include:
 - Anti-bias and anti-discrimination guidelines
 - Reporting procedures for bias incidents (Bias Incident Reporting and Formal Complaint Policies)
 - Consequences for violations aligned with the district's code of conduct and policies
 - Support resources for affected individuals



2. Communicate Proactively and Inclusively

- Share expectations and policies with students and families in their preferred language.
- Post expectations clearly at all events (e.g., signage at games, printed programs).
- Use multiple channels: emails, newsletters, school websites, and social media.



3. Foster Relationships and Trust

- Encourage regular, positive interactions between:
 - Staff and students
 - Staff and families
- Provide training for coaches and staff on anti-bias, cultural competency, and relationship-building.
- Host community-building events to strengthen school-family connections.



4. Assess and Improve School Climate

- Conduct climate surveys for students, staff, and families.
- Organize student focus groups to gather honest feedback.
- Create feedback loops to act on insights and improve practices.



5. Provide Access to Support and Resources

- Make support services (e.g., counseling, conflict resolution) readily accessible.
- Train staff and students on how to report incidents safely and confidentially.
- Designate trusted adults or liaisons for students to approach with concerns.



6. Monitor and Reflect

- Regularly review incident reports and feedback data.
- Adjust policies and practices based on findings.
- Celebrate progress and recognize positive behavior publicly.

Respond: Take timely action with care and clear and equitable practices

Treat incidents seriously and take immediate action

To respond effectively to bias incidents in school athletics and activities, schools should act quickly, follow district policies, and prioritize safety and equity. Clear expectations and support resources must be shared before the season, while strong relationships and regular climate assessments help maintain a respectful environment. Investigations should be thorough and well-documented. Build trust with constituents by using transparent communication, trauma-informed, and culturally responsive approaches.

We have developed 2 important tools to use in this phase of the process: [Scope of Incident Tool](#) and [Flowchart for Communication and Decision Making](#).

Responding to Bias Incidents in School Athletics & Activities



1. Respond Immediately and Seriously

- Treat all bias incidents with urgency and seriousness, following required timelines.
- Ensure immediate safety and support for those impacted.
- Activate response protocols as outlined in district policy.



2. Investigate and Document Thoroughly

- Follow district policies and any applicable laws to conduct fair and thorough investigations.
- Follow district and state policies and laws regarding any required reporting.
- Understand the full scope of the incident to support all impacted individuals.
- Establish a team with assigned roles for investigations.
- Document all actions taken and decisions made, including names, dates, and follow-up actions.
- Apply an equity lens to all decisions, prioritizing care and safety, and cross-cultural understanding.



3. Seek Support When Needed

- Involve district personnel or legal counsel as required by policy or law.
- Ensure investigators are trained and supported throughout the process.
- Use trauma-informed approaches when interviewing potential victims.
- Conduct interviews in the preferred language of the person being interviewed, using a professional interpreter as needed.
- Use culturally responsive practices, recognizing how the home cultures of individuals may impact the ways they respond to stressful or traumatic events.



4. Communicate Transparently and Responsibly

- Follow district guidelines for communicating about investigations, including timelines and feedback loops.
- Use clear, accessible language to explain what can legally be shared.
- Communication plans are proportionate to the scale of the incident.
- Provide timely updates to all relevant groups.
- Demonstrate accountability through frequent and accurate communication.

Restore: The foundation for individual and community healing

Establish communication plans, evaluation, processes, and ongoing support

After a bias incident, schools should focus on restoring relationships and rebuilding community through clear communication, thoughtful evaluation, and sustained support. First, follow district policies and communicate transparently with all stakeholders using accessible language, ensuring legal and privacy guidelines are met. Then, evaluate the response using an equity-focused protocol to reflect on what worked and what needs improvement. Finally, plan ongoing communication and support by using equity tools to guide decisions, clearly outlining responsibilities, timelines, and restorative actions to ensure long-term healing and accountability.

Restoring a Community After a Bias Incident in School Athletics and Activities



1. Communicate with impacted constituents in a transparent, timely, and accessible manner.
 - Follow district policy regarding communication of the investigation and findings.
 - Designate a spokesperson or communication lead for consistency as needed.
 - Identify what information is legally shareable and ensure compliance with privacy laws.
 - Use clear, accessible, and inclusive language in all communications.
 - Communicate with each constituent group (students, staff, families, community partners).
 - Provide frequent updates to demonstrate the seriousness of the response.
 - Offer translation or interpretation services as needed.

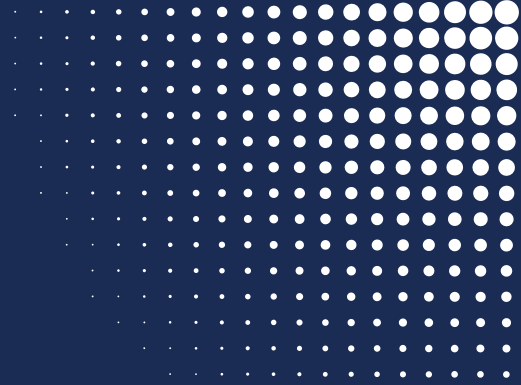


2. Evaluate the incident response using an equity-focused lens to improve future practices.
 - Use an equity-focused after-incident protocol to guide evaluation.
 - Gather feedback from impacted groups (surveys, listening sessions, etc.).
 - Assess whether the needs of all constituents were met.
 - Identify strengths and gaps in the response process.
 - Document lessons learned and areas for improvement.
 - Share a summary of findings with stakeholders, as appropriate.



3. Plan ongoing communication and support to sustain healing and accountability.
 - Use an equity decision-making tool or lens to guide the next steps.
 - Clearly communicate future or ongoing decisions and actions to all constituent groups.
 - Include timelines for the implementation of restorative actions.
 - Identify and communicate who is responsible for:
 - Ongoing support for impacted students and staff
 - Implementation of restorative activities
 - Long-term communication and updates
 - Plan and schedule follow-up meetings or check-ins with impacted constituents as needed.
 - Provide access to counseling, affinity spaces, or restorative circles as optional supports for impacted students.
 - Monitor the progress of support plans and any changes to practices and adjust these plans as needed.

Resources



Prevent

[ODE Every Student Belongs Guidance](#)

[OSAA Discriminatory Harassment Complaint Form](#)

[OSAA Support and Equity Resources](#)

[OSAA Complaint Process Process Guide](#)

[STAR Public Address Script - Students](#)

[Let's Talk! Discussing Race, Racism, and Other Difficult Topics with Students, Learning for Justice](#)

[Speak Up at School, a Student's Guide, Learning for Justice](#)

Know your district's policies:

- ACB - Every Student Belongs
- Equity
- Anti-Discrimination and Harassment
- Equal Opportunity in Education
- KL - Complaint Process
- Title IX



Respond

[Scope of Incident Tool](#)

[Flowchart for Communication and Decision Making](#)

[ODE Toolkit: Communicating about Racial Equity in a Charged Environment](#)

[Investigation and Documentation Tool](#)

[Trauma Informed Approach to Interviewing Victims](#)

[Communications Resources \(includes sample emails\)](#)



Restore

[After Incident Response Evaluation Tool](#)

[Using Student Voice in Decision-Making](#)

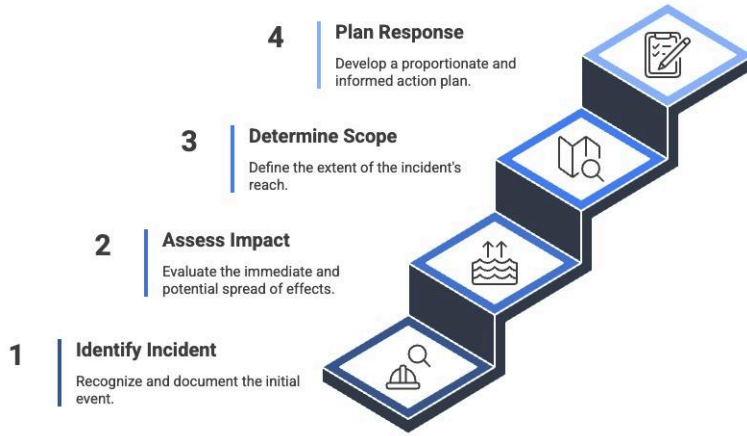


Best Practices Resources

[Bias Incident Response Roadmap - WLWV](#)

Scope of Incident Tool

Steps to Determine Incident Scope



This tool's purpose is to assist in determining the scope of an incident and inform your response. While working through this tool, consider all who are affected in the immediate sense and who else will be affected due to the potential spread of information and response to the incident. The response should be proportionate to the knowledge and spread of knowledge of the event and its impact on constituent groups.

Action Steps to Determine the Scope of the Incident

✓ After complete	Date:
	Person(s) leading the response:
	Location of Incident: Is this in a space where others can still see it after the initial impact?
	Who has seen the after-effects of the incident (ie: in cases of vandalism or destruction of property)? Small group (students/ staff/ both) School-wide Community-wide Has the space been cordoned off (to lessen the impact of others seeing it and to assist in the investigation)?
	Description of incident:

	<p>Will the investigation involve law enforcement?</p> <p>Yes No Not at this time</p> <p>Notes:</p>
	<p>(Suspected) Person(s) who committed the incident:</p>
	<p>Persons who witnessed the incident:</p>
	<p>Person(s) who reported the incident:</p>
	<p>Person(s) who are the target of the incident, and is this a pattern of incidents targeting specific groups?</p> <p>Are members of the target group aware now, or might they be aware later, and how might they become aware?</p>
	<p>Who else knows about the incident, and how do they know?</p> <p>Small group (students/staff/both) School-wide Community-wide</p> <p>(Is information/misinformation about this in the media/ social media, are parents/community members aware, is office personnel or the district receiving calls?)</p>

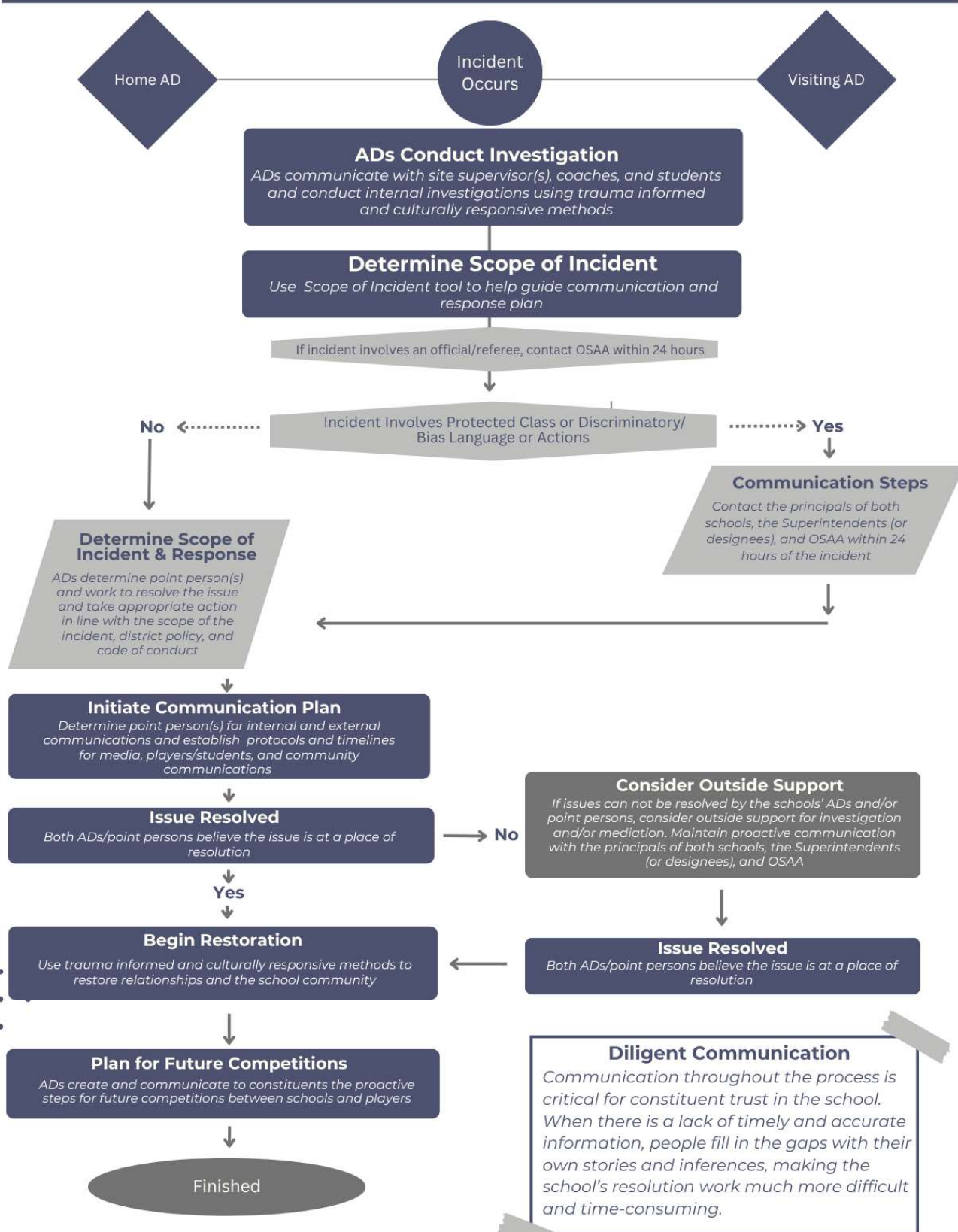


Flowchart for Decision Making & Communication

Date _____

ADs _____

When incidents occur, athletic directors should communicate with each other within 24 hours of the incident.





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OSAA All-State/All-League Overview

Based on requests from OACA and OADA the OSAA will be implementing an All-State awards program beginning with the 2025-26 school year. These awards are separate from the Academic All-State program and will focus on student achievement in activities. After surveying the leagues last year, the foundation of the OSAA All-State Awards program was built to try to replicate what was already being done at the league level.

OSAA All-State awards will be determined in one of two ways: based on results or by vote. For all activities, there will be First, Second, Third, and Honorable Mention All-State teams. At the league/special district level, there will be First, Second and Honorable Mention All-League teams. However, the number of students for each team will be activity-specific. Students will receive a digital certificate commemorating their achievement.

Activities with results-driven selections will include Cross Country, Track and Field, Golf, Wrestling, Swimming, Tennis, Solo Music, and Speech. Results from the OSAA State Championship will determine the selections for each All-State team. For example, in Cross Country, the first seven fastest times will be awarded First Team All-State, followed by the next seven being awarded Second Team All-State and so on. All-State Team announcements will be made the Tuesday following the State Championship. All-League teams will be determined and announced in the same manner following league/special district events.

Activities that will have selections based on voting will include Football, Volleyball, Soccer, Basketball, Baseball, and Softball. In order to ensure continuity and consistency across the State, voting will begin at the League level through the OSAA website. Each school will be allowed one representative to cast votes for the program and schools will not be allowed to vote for their own students. Leagues will have the option to get together in-person, make their determinations, and have a league representative submit the results through the OSAA website. All-League teams will be announced prior to the State Championship. All students who were selected to First or Second Team All-League will be eligible for All-State voting. Schools who do not submit votes will render their students ineligible for awards. Each activity will have a sport-specific designated number of slots for each All-State team.

The general timeline for the OSAA All-League and All-State voting process is listed below.

All-League Voting

10 days before Cutoff Date: Roster Lock Date

- Schools will need to ensure online roster is accurate, spelling, positions, etc
- A text field will allow for schools to add stats for players

8 days before Cutoff Date: Voting for All-League Opens

2 days after Cutoff Date: Voting for All-League Closes

Monday before State Championship: All-League Teams are announced via OSAA website/social media

All-State Voting

*Students must be on a First or Second Team All-League team to be eligible for All-State consideration

Saturday of Championship: All-State Voting Opens

10 days after Championship: All-State Voting Closes

2-3 Days after close of voting: All-State Teams Announced are announced via OSAA website/social media



NEW AD & ASSISTANTS WORKSHOP 2025



The OSAA, in conjunction with the OADA, will be hosting free workshops/webinars for Athletic Directors & Assistants

New AD & Athletic Assistant Workshops

Assistants workshop ends at noon, LTC 502 after lunch

MONDAY, SEPTEMBER 15TH @ THE DALLES HS | 9:00AM – 4:00PM (AD AND ASSISTANTS COMBINED)

MONDAY, SEPTEMBER 29TH @ SUTHERLIN HS | 9:00AM – 4:00PM (AD AND ASSISTANTS COMBINED)

MONDAY, OCTOBER 13TH @ OSAA OFFICES, WILSONVILLE | 9:00AM – 4:00PM (ADS ONLY)

TUESDAY, OCTOBER 14TH @ OSAA OFFICES, WILSONVILLE | 10:00AM – 2:00PM (ASSISTANTS)

LUNCH WILL BE PROVIDED

Please RSVP to Kris Welch (krisw@osaa.org)

THE WORKSHOP WILL COVER:

A COMPREHENSIVE LOOK AT THE OSAA

We will delve into the daily operations of the OSAA and how it pertains to your school in a small setting that is conducive to an open dialog with experienced OSAA staff. You will receive a tutorial on our website and how to use our online systems for maximum efficiency. We will also be talking through hiring, interviewing, evaluating coaches, and working with commissioners and officials.

LTC 502 ATHLETIC ADMINISTRATION: STRATEGIES FOR ORGANIZATIONAL MANAGEMENT

This course takes a basic approach to the fundamentals and methods of athletic administration and alerts and educates athletic administrators regarding potential problems and possible solutions in areas such as chain of command, scheduling, contest management, and personnel management. The course also touches upon eligibility, Critical Incident planning, financial responsibilities, legal, law, liability, equipment and facilities. (4 PDU HOURS)



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OSAA SPORTS MEDICINE ADVISORY COMMITTEE 2025-26 REMINDERS

HEAT ILLNESS AND HYDRATION

1. [Heat Index Calculator](#)
2. [Heat Index Policy](#)
3. [OSAA Practice Model](#)
4. [NFHS Heat Illness Prevention Course](#)

SYNTHETIC TURF FIELD GUIDANCE

Synthetic turf field surface temperatures can reach up to 200 degrees Fahrenheit, which not only increases the risk of heat illness, but may cause burns to exposed skin. Radiant heat from the synthetic surface can have a “heat island” effect that may not be accounted for if Heat Index is checked by local Zip Code.

The following guidelines should be considered when practicing, working out, or playing contests on synthetic turf from May 1 through September 30 when the outdoor temperature exceeds 80 degrees Fahrenheit.

Temperature should be measured on-site within one hour of the start of the event and monitored for the duration of the event.

1. If outdoor temperature is greater than 80 degrees Fahrenheit coaches should be aware of increased risk and observe athletes for signs of heat illness. Additional rest, water, and shade breaks should be utilized as needed.
2. If outdoor temperature is greater than 90 degrees Fahrenheit consider avoiding the use of synthetic turf fields between peak sun times of noon to 3pm.
3. If outdoor temperature is greater than 95 degrees Fahrenheit consider moving all practices, workouts, and contests to natural grass fields.

AIR QUALITY

1. [Air Quality Guidelines](#)
2. [AirNow Fire and Smoke Map](#)
3. [Oregon Department of Environmental Quality \(DEQ\)](#)
4. Areas Without Air Reporting Stations:

If air monitoring equipment is not available, member schools should utilize the [5-3-1 Visibility Index](#) to determine air quality.

CONCUSSIONS AND CONCUSSION MANAGEMENT

1. [NFHS Concussion in Sports Training Course](#)
2. [Concussion Management Policy](#)
3. [Medical Release - Return to Learn Following a Concussion](#)
4. [Medical Release - Return to Participation Following a Concussion](#)

PRE-EVENT SAFETY TIMEOUT

A **Pre-Event Safety Timeout** is designed to prepare site administrators, coaches, officials, athletic trainers, emergency medical services, team physicians, and anyone designated as responsible for the safety and medical well-being of athletes or spectators on game day to be aware, prepared, and educated.

1. [Pre-Event Safety Timeout Website Information](#)
2. [Pre-Event Safety Timeout – Mobile Template](#)
3. [Pre-Event Safety Timeout – Printable Template](#)

EMERGENCY ACTION PLAN

Each full member school shall have an Emergency Action Plan (EAP) in place for responding to life-threatening emergencies in after-school practices and events.

4. [EAP - Best Practices Checklist](#)
5. [EAP - Basic Template](#)
6. [Emergency Equipment Example](#)
7. [Communication Plan Example](#)
8. [First Responder Roles Example](#)
9. [Cardiac Emergency Practice Drills](#)
10. [NFHS Emergency Action Planning for Afterschool Programs Course](#)
11. [NFHS The Collapsed Student Course](#)
12. [NFHS Sudden Cardiac Arrest Course](#)

PHYSICAL EXAMINATION FORM

1. [Updated in April 2023 and now available in 12 languages](#)

OSAA HEALTH & SAFETY RESOURCES

1. [Additional Resources available at www.osaa.org](http://www.osaa.org)

NFHS SPORTS MEDICINE ADVISORY COMMITTEE POSITION STATEMENTS AND GUIDELINES

1. [Additional Resources available at www.nfhs.org](http://www.nfhs.org)